



# Bethesda Outlook

May 2015

## MONDAY NITE COMMUNITY DINNER

### BCS CAR WASH

Bethesda Community Services will be having two car washes the next 2 months, and we really need some help in washing the cars. If you need some exercise and don't mind getting a little wet, it can be a lot of fun. Come join us on **May 9<sup>th</sup>** and **June 20<sup>th</sup>** any time between 9:30am to 3:00pm **at Rogers Market, 23120 56<sup>th</sup> Ave. W, Mountlake Terrace.**

Don't forget to get your car washed before you leave.

The MONDAY NITE COMMUNITY DINNER is really doing great. We are serving 50 to 65 people every Monday night. All of our crew are doing a great job and keeping Katherine, Marti, and Joy on their toes. We just had the food handlers review and test for new cards. Thank you, Katherine, for setting that up. If you missed it you can go on line and do it. Our freezers are very full. We have had 3 large meat deliveries in the last few weeks. Prayers are really answered. We thank our suppliers so very much. We will always welcome your help, even if it is for only an hour, AND PLEASE come join us for dinner at any time.

*Monday Nite crew*

#### \*\*\*NOTE\*\*\*

**Our beloved Maxine Helms has moved to Stanwood to live with her daughter, Valerie and family. This is not by choice, but of circumstance due to health concerns.**

**Maxine has been a devoted servant of God at Bethesda for over 55 years, serving as Sunday School teacher and in so many other capacities.**

**You are invited to call, visit or write any time.**

**Maxine Helms  
% Valerie Krieger  
17124 89<sup>th</sup> Ave. N.W.  
Stanwood, WA 98202  
Phone..360 652 7326**

**Valerie will bring her down to visit once in a while as health permits.**

**God Bless you, Maxine...  
Thank you for everything.  
We will miss you.**

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Maxine's 93<sup>rd</sup> Birthday Celebration  
enjoyed with cake and ice cream on  
April 19th.

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
<h1>MAY 2015</h1>					<b>1</b>	<b>2</b> Bethesda Presbyterian Church 6:00am—7:00am  <b>PLANT SALE</b> 8:00am—3:00pm
<b>3</b> Worship 10:15am Bethesda Presbyterian Church 1:30pm—4:00pm Comm. Dinner prep. 3:00pm—11:00pm	<b>4</b> Ruth/Miriam Circle 2:00pm—4:00pm Community Dinner 5:30pm—8:30pm Girl Scout Leaders 6:30pm—9:00pm Facilities Committee @ J. Minnis' 6:45pm	<b>5</b> Comm. Dinner clean up 7:00am—2:30pm Girl Scouts 6:00—7:30pm	<b>6</b> Bethesda Presbyterian Church 7:30pm—8:30pm Al-Anon Mtg. 7:00pm	<b>7</b> Girl Scouts 6:00pm—8:00pm	<b>8</b>	<b>9</b> Bethesda Presbyterian Church 6:00am—7:00am  <b>BCS Car Wash</b> <b>@ Rogers Mkt.</b>  Movie Night 6:30pm—10:30pm
<b>10</b> Worship 10:15am Bethesda Presbyterian Church 1:30pm—4:00pm Comm. Dinner prep. 3:00pm—11:00pm	<b>11</b> Care & Concern Ministry 10:00—Noon Sue's Bible Study 2:00pm—3:30pm Community Dinner 5:30pm—8:30pm	<b>12</b> Comm. Dinner clean up 7:00am—2:30pm	<b>13</b> Foodie Book Group 6:30pm—8:30pm Bethesda Presbyterian Church 7:30pm—8:30pm Al-Anon Mtg. 7:00pm	<b>14</b> Girl Scouts 6:00pm—8:00pm Finance Meeting @ Bldg. 3 7:00pm—9:00pm	<b>15</b> <b>NEWSLETTER</b> <b>DEADLINE</b>	<b>16</b> Bethesda Presbyterian Church 6:00am—7:00am
<b>17</b> Worship 10:15am Bethesda Presbyterian Church 1:30pm—4:00pm Comm. Dinner prep. 3:00pm—11:00pm	<b>18</b> Community Dinner 5:30pm—8:30pm Council Meeting 7:00pm—9:00pm	<b>19</b> Comm. Dinner clean up 7:00am—2:30pm Girl Scouts 6:00—7:30pm	<b>20</b> Bethesda Presbyterian Church 7:30pm—8:30pm Al-Anon Mtg. 7:00pm	<b>21</b> Girl Scouts 6:00pm—8:00pm	<b>22</b>	<b>23</b> Bethesda Presbyterian Church 6:00am—7:00am Men's Fellowship 8:00am—10:00am Movie Night 6:30pm—10:30pm
<b>24</b> Worship 10:15am Bethesda Presbyterian Church 1:30pm—4:00pm Comm. Dinner prep. 3:00pm—11:00pm	<b>25</b>  <b>MEMORIAL</b> <b>+DAY+</b> (office closed) Sue's Bible Study 2:00pm—3:30pm Community Dinner 5:30pm—8:30pm	<b>26</b> Comm. Dinner clean up 7:00am—2:30pm	<b>27</b> Bethesda Presbyterian Church 7:30pm—8:30pm Al-Anon Mtg. 7:00pm	<b>28</b> Girl Scouts 6:00pm—8:00pm	<b>29</b>	<b>30</b> Bethesda Presbyterian Church 6:00am—7:00am
<b>31</b> Worship 10:15am Bethesda Presbyterian Church 1:30pm—4:00pm Comm. Dinner prep. 3:00pm—11:00pm						<h2 style="color: purple;">Spring Plant Sale</h2> <p style="color: purple;"><b>Saturday, May 2<sup>nd</sup></b></p> <p style="color: purple;"><b>8:00am until 3:00pm</b></p>



- 1 - Cory Henderson
- 6 - Ruby Engelstad  
Taniela Tonga
- 14 - Florence Carlson
- 15 - Timothy Gray
- 18 - Amy Goldsmith
- 30 - Katherine Dedrick

**Finance Meeting**  
**May 14 ~ 7PM in Bldg #3**  
**All are welcome ~ we need you!!**

*Dearest Brothers & Sisters in Christ,*

Dena Lee is inviting you to attend two of her special events in May!

**SLU Art Walk**  
 Thursday, May 7<sup>th</sup>, 2015  
 5-8 p.m.  
 South Lake Union Art Walk  
[www.Facebook.com/SouthLakeUnionArtWalk](http://www.Facebook.com/SouthLakeUnionArtWalk)  
[www.sluartwalk.com](http://www.sluartwalk.com)

Take a peak at our website and Facebook page to see all the wonderful and exciting art events that are happening!

Contact Dena Lee for more information!  
[cdenalee@comcast.net](mailto:cdenalee@comcast.net)  
 206-371-9446

**MoDanCo with Dena Lee & Friends**  
 present  
**“Loss & Found”- an evening of dance, music & spoken word**  
 Sunday, May 31<sup>st</sup>, 2015  
 7:30 p.m.  
 Velocity Dance Center  
 1621 12<sup>th</sup> Ave.  
 Seattle, 98122

For reservations, contact Dena Lee  
[cdenalee@comcast.net](mailto:cdenalee@comcast.net)  
 206-371-9446

\$12 suggested donation payable at the door.

Paid parking on 12<sup>th</sup> & 11<sup>th</sup> Ave. between E. Olive & E. Pine

**Office Administrator**  
**Jean Leavens**  
 425-778-6390

**Treasurer:**  
**Sue Rasmussen**  
 425-357-6272

**Choir Director**  
**Judy Rasmussen**  
 425-357-6272

**Musician:**  
**Vic Peters**  
 206-789-1699

**Altar Care:**  
**Joy DeGraff**  
 425-778-5040

**Council ~ 2014-15**

**President:**  
**Joy DeGraff**  
 425-778-5040

**Vice President:**  
**Sharon Boyd**  
 425-610-4588

**Secretary**  
**Katherine Dedrick**  
 425-672-9080

**Jeanette Anstice**  
 425-742-4216

**Kari Gray**  
 206-913-3490

**Darlene Johnston**  
 425-673-5168

**Caryl Klingensmith**  
 425-775-0478

**Joan Minnis**  
 425-778-0309

**Cliff Pearson**  
 425-275-3590

## VOLUNTEER MEAL PROVIDER - SHORELINE VETERANS CENTER

The Shoreline Veterans Program combines a compassionate and caring environment where veterans can build lives in which they are self-sufficient and productive. Compass Center case managers provide daily support and structured goal setting. VA social workers, mental health, addictions treatment and medical professionals provide all clinical services. King County Veterans Program provides employment and housing support. 21 men and 4 women each have their own bedroom and share community kitchens, recreation and a state of the art computer learning center.

### Location and Getting In the Building

Shoreline Veterans Center is located at 1303 N 200th St Shoreline WA 98133. Volunteers can park in our lot if there is space. If not, please drop off supplies and then park in the Costco lot and walk over. Ring the bell to be let in to the building.

### Volunteer Times

Dinner provider volunteers need to have their dinner ready to serve by 5pm. Groups may arrive as early as 1pm to start cooking. Dinner is provided Wednesday, Thursday and Sunday.

### Volunteer Job Description

Meal Provider Volunteers supply complete meals to the Shoreline Veterans Center:

- *Volunteers must shop for, purchase, and prepare the entire meal.*
- Volunteers must make enough food for 25 people.
- Volunteers may cook their food off-site, or use the complete kitchen at Shoreline veterans Center. Please keep in mind food safety when preparing food and using Compass kitchens.
- Volunteers help serve their meal to the shelter's guests. Volunteers are also welcome to eat with guests.

We require the following minimum qualifications for Dinner Server volunteers:

- All volunteers under 18 must be accompanied by an adult. The minimum age for volunteering is 14 years old, unless approved by the volunteer coordinator and site-staff.
- All volunteers must be able to stand for long periods of time.
- All volunteers must be able to interact with clients in a respectful manner.

### What to do When You Arrive to Volunteer

Upon arrival, a staff person will let you in and show you the kitchen. They will also orient you to the kitchen equipment.

### Contacts

The Shoreline Veterans Center direct line is 206.474.1880. Please use this number if you need help getting in the building, are lost, etc.

For scheduling and questions about volunteering, please call our Volunteer Specialist at 206.474.1071 (volunteer@compasshousingalliance.org).

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