



Bethesda Outlook

April 2015

HOLY WEEK

March 29 Palm Sunday Service - 10:15 a.m.

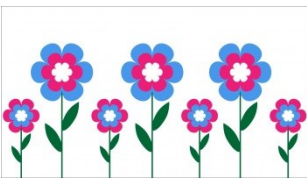
April 2 Maundy Thursday Service - 7:00 p.m.

April 3 Good Friday Service - 7:00 p.m.

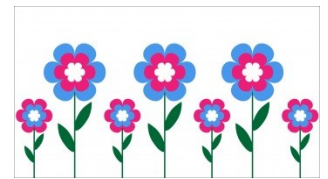
April 5 EASTER SUNDAY:

Services - 8:30 & 11:00 a.m.

Breakfast - 9:30 to 10:45 a.m.



Spring Plant Sale



Spring is coming and so is the Bethesda Lutheran Church Plant Sale. The sale will be held on Saturday, May 2nd from 8:00am until 3:00pm. Now is the time to start seeds or to divide plants from your garden. Call Joan (425 778 0309) to let her know if you will be helping on Saturday or if you can't keep your plants at your home so she can make arrangements for you to drop them at her house. "We need plants, pots and lots of help on the day of the sale", said Joan Minnis. "Set up will start at 7:00am".

The sale will include a raffle. The Bethesda Quilters are once again donating a quilt. If you have something to add to the raffle contact Becky Smith at 425-876-3490.

Please help our plant sale and raffle:

- Plant seeds or divide plants you have in your garden
 - Donate seeds, pots, and/or soil
 - Plan to help on the day of the sale
 - Tell your friends and neighbors about the sale
 - Donate an item for the raffle
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
APRIL 2015			1 Al-Anon Mtg. 7:00pm	2 Maundy Thursday Service—7pm	3 Good Friday Service—7pm	4 Decorating Sanctuary and Fellowship Hall for Easter 9:00am—3:00pm
5 EASTER Worship: 8:30 & 11am Breakfast: 9:30- 10:45am Comm. Dinner prep. 3:00pm	6 Ruth/Miriam Circle 2:00pm—4:00pm Community Dinner 5:30pm—8:30pm Girl Scout Leaders 6:30pm—9:00pm Facilities Committee @ J. Minnis' 6:45pm	7 Comm. Dinner clean up 7:00am—2:30pm Girl Scouts 6:00—7:30pm	8 Foodie Book Group 6:30pm—8:30pm Al-Anon Mtg. 7:00pm—9:00pm	9 Girl Scouts 6:00pm—8:00pm	10	11 Richer, Fuller Life Series 8:30am—4:30pm Movie Night 6:30pm—10:30pm
12 Worship 10:15am Bethesda Presbyterian Church 1:00pm—3:30pm Comm. Dinner prep. 3:00pm—11:00pm	13 Care & Concern Ministry 10:00—Noon Sue's Bible Study 2:00pm—3:30pm Community Dinner 5:30pm—8:30pm Council Meeting 7:00pm—9:00pm	14 Comm. Dinner clean up 7:00am—2:30pm	15 Bethesda Presbyterian Church 7:30pm—8:30pm Al-Anon Mtg. 7:00pm	16 Girl Scouts 6:00pm—8:00pm	17 NEWSLETTER DEADLINE	18 Bethesda Presbyterian Church 6:00am—7:00am Richer, Fuller Life Series 8:30am—4:30pm
19 Worship 10:15am Bethesda Presbyterian Church 1:00pm—3:30pm Comm. Dinner prep. 3:00pm—11:00pm	20 Community Dinner 5:30pm—8:30pm	21 Comm. Dinner clean up 7:00am—2:30pm Girl Scouts 6:00—7:30pm	22 Bethesda Presbyterian Church 7:30pm—8:30pm Al-Anon Mtg. 7:00pm	23 Girl Scouts 6:00pm—8:00pm	24	25 Bethesda Presbyterian Church 6:00am—7:00am Men's Fellowship 8:00am—10:00am Richer, Fuller Life Series 8:30am—4:30pm Movie Night 6:30pm—10:30pm
26 Worship 10:15am Bethesda Presbyterian Church 1:00pm—3:30pm Comm. Dinner prep. 3:00pm—11:00pm	27 Sue's Bible Study 2:00pm—3:30pm Community Dinner 5:30pm—8:30pm	28 Comm. Dinner clean up 7:00am—2:30pm	29 Bethesda Presbyterian Church 7:30pm—8:30pm Al-Anon Mtg. 7:00pm	30 Life Line Screening 8:30am—5:00pm Girl Scouts 6:00pm—8:00pm		



1 - Kris Rasmussen

14 - Shaun Anstice

17 - Miranda Currier

4 - Autumn Minnis

Bob Leavens

19 - Jaye Lill

7 - Joy Halladay

16 - Maxine Helms

23 - Tom Ruzicka

Life Line Screening Event ~ April 30th

Do you have high cholesterol or high blood pressure? Have members of your family suffered from these ailments? Do you have a poor diet? If you answer "yes" to any of these questions, you may want to consider being screened for your risk of stroke through the services of Life Line Screening. Life Line Screening uses ultrasound technology to view the plaque build up in your carotid arteries, the main arteries that carry blood to the brain. Blockages in these arteries are a leading cause of stroke. We are pleased to host this Life Line Screening event on 4/30/2015 at Bethesda Lutheran Church. Register for a Wellness Package which includes 4 vascular tests and osteoporosis screening from \$149 (\$139 with our member discount). All five screenings take 60-90 minutes to complete. **In order to register for this event and to receive a \$10 discount off any package priced above \$129, please call 1-888-653-6441 or visit www.lifelinescreening.com/community-partners.**

Bethesda Quilters

The Bethesda Quilters meet twice a month for 10 months. We made 15 quilts from September through January of this year. On February 8th we blessed the quilts in our Sunday service. They were given to the YWCA Pathways for Women and the Compass Housing Alliance Shoreline Veterans Program.

Thanks to Thrivent Action Team Fund (\$250.00) we were able to purchase batting and other supplies which will enable us to continue quilting for several more months.

Pastor:
Malcolm Brown
206-755-2627

Office Administrator
Jean Leavens
425-778-6390

Treasurer:
Sue Rasmussen
425-357-6272

Choir Director
Judy Rasmussen
425-357-6272

Musician:
Vic Peters
206-789-1699

Altar Care:
Joy DeGraff
425-778-5040

Council ~ 2014-15

President:
Joy DeGraff
425-778-5040

Vice President:
Sharon Boyd
425-610-4588

Secretary
Katherine Dedrick
425-672-9080

Jeanette Anstice
425-742-4216

Kari Gray
206-913-3490

Darlene Johnston
425-673-5168

Caryl Klingensmith
425-775-0478

Joan Minnis
425-778-0309

Cliff Pearson
425-275-3590

Bishop's Message

Not a Winter Guy

By Kirby Unti, NWWA Bishop

I am not a winter guy.

I hate being cold, which I often am. Day after day of damp, wet weather cuts at me. The darkness weighs upon me. I resent waking to the dark and before my work day ends, it is dark already. I am prone to depression in the winter and have to up my self-care. No doubt I have at least a tinge of Seasonal Affective Disorder.

My fireplace is a wonderful friend. Life is good when I wake in the morning, put flame to the fire, grab the newspaper and savor two cups of freshly brewed coffee. I know the heat is just about right when the other family members exclaim, "Dad it is way too hot in here."

I am the guy who is aware of the shortest day of the year because following it I report to anyone who will listen: "We had a few more minutes of daylight, did you notice?" Winter is for me my time of endurance. It is my marathon.

One of the gifts of serving in this office is I find myself more frequently in Chicago. Chicago is God's way of reminding me how good I really have it. I might just die if I lived in Chicago year round.

Now that you know more about my love affair with winter you will understand why this past week my soul was revived and my spirit excited. Last week right at daybreak I heard for the first time since early fall the birds singing in our back yard. I had to turn off the heater in the bathroom to confirm that in fact it was the birds singing that I was hearing.

It was faint but delightful. A holy sound. Once I locked on to the sound I stood silent in it for several minutes. I know the birds sing the spring in. Their song is their prayer that the leaves will return and blossoms of new life will sprout. It is a beautiful processional song right up there with Lift High the Cross. The cross is lifted and I know daylight and warmth are on their way.

Easter for me is more than a single Sunday. Easter for me is when I know that life is good again and that it means me well. Easter is when my soul is restored and spirits rise. Easter is when the birds in the back yard remind me after a time of my own darkness. He is Risen! He is Risen Indeed!

For so many of you, whom I know and love, who are going through your own time of darkness, listen for the song of Easter. May you know the power of Easter to heal and make us whole again. Rise early and listen to the birds sing.

*My beloved speaks and says to me:
"Arise, my love, my fair one, and come away;
for now the winter is past, the rain is over and gone.
The flowers appear on the earth; the time of singing has come,
and the voice of the turtledove is heard in our land."*

Song of Solomon 2:10-12

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