



Bethesda Outlook

July/August 2012

From Pastor Malcolm's Desk

As I sit in my living room writing, I am enjoying a beautiful, sunny, warm and glorious day. The previous week's days have been unseasonably rainy and cold. Have you had your heat on in the mornings as we have? Can you guess what day this is that I am writing? Alas, this day truly reminds me that summer is almost upon us.

I invite you this summer to have some "Abiding time" or "Sabbath rest"; with God, and with family and friends. Find time to intentionally rest and abide with God, listening to His voice comforting you and giving you rest and peace.

John writes in his Gospel account in **chapter 15:9-11**

⁹ As the Father has loved me, so have I loved you. Abide in my love. ¹⁰ If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. ¹¹ These things I have spoken to you, that my joy may be in you, and that your joy may be full.

Abiding time is about rest and renewal. Abiding or Sabbath is about the renewal of our relationship with God and with those close to us. Abiding is about making yourself at home in the love of God through Jesus Christ. It's about remaining in that love so that we might share that love and in doing so have abundant and overflowing joy.

This time of abiding could be part of a busy vacation schedule as sometimes we are able to find rest and renewal in those times as well. I invite you to find time weekly and if possible daily to listen for God's voice in the thin silences of your busy summer days, and to see God's abundance and beauty in all that is around you. Know that God is in all of creation and in all the people who intersect with you this summer from the grocery clerk, to the child playing in the park, from families taking a walk together to the person on the street whom you struggle to look into their eyes. I invite you to smile a lot this summer and to celebrate the gift of time with your family, friends and the loves of your lives as we strengthen and go deeper into our relationships. Have fun; share meals together, enjoy the sun when we have it and laugh, laugh a lot with others. Hold each other in the stuff of life that gets us down and hold each other as the sun sets each day, because tomorrow the sun will rise and the promise of a new day and new life have been given to us by God through the resurrection of Jesus the Christ. Know that all of this is of God and God is waiting and longing for His time with you.

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advisors

**WE ARE HERE TO SERVE
YOU! CALL US FOR ANY-
THING!**

Continued on page 2

The gift of time and presence you spend with your loved ones are seeds that will last a lifetime and will change your life and the lives of those you touch. The seeds will grow and the beauty of the blooms of love and grace will be abundant and will leave a permanent mark long after we are gone.

I will close with one of those items I have clipped and saved on my computer:

FOR THE GARDEN OF YOUR DAILY LIVING,

PLANT THREE ROWS OF PEAS:

1. Peace of mind
2. Peace of heart
3. Peace of soul

PLANT FOUR ROWS OF SQUASH:

1. Squash gossip
2. Squash indifference
3. Squash grumbling
4. Squash selfishness

PLANT FOUR ROWS OF LETTUCE:

1. Lettuce be faithful
2. Lettuce be kind
3. Lettuce be patient
4. Lettuce really love one another

NO GARDEN IS WITHOUT TURNIPS:

1. Turnip for meetings
2. Turnip for service
3. Turnip to help one another

TO CONCLUDE OUR GARDEN WE MUST HAVE THYME:

1. Thyme for each other
2. Thyme for family
3. Thyme for friends

WATER FREELY WITH PATIENCE AND CULTIVATE WITH LOVE.

This summer is a perfect time to invite a friend, so I challenge you to do so. After all, when we gather to worship God we are refreshed and refueled for life as God's children.

May God's abundant grace and love bring you wonder and awe and may the gift of family and friends bring you love and grace in these summer months!

See you in church, Pastor Malcolm

Bethesda Strategic Planning

A strategic planning program has been started to help the congregation develop a proposal for the mission and ministry of Bethesda and to answer the questions of: Who are we? Who are our neighbors? What is God calling Bethesda to be? What is God calling Bethesda to do?

A team of 12 people have come together to start this process. We have had three meetings with an agenda to help us in knowing the team make up, the dominant personality of the individual team members. We started developing a program to help us in understanding the community we serve.

The first step is information gathering about the community by looking at the demographics, surveying our neighbors, community leaders and service agencies: asking the questions, Have you heard of Bethesda? What have you heard? How could Bethesda help our community?

We have asked Pastor Gary Rothenberger of Gloria Dei Lutheran Church to sit in with us and help guide us through the process. Pr. Gary has helped lead his congregation through a number of strategic planning processes.

FROM OUR COUNCIL PRESIDENT

Greetings Bethesda Family,

We welcome our re-elected and newly elected Council members. Their dedication and willingness to serve is appreciated.

With the new Council at the helm, kindly remember every “ship needs a crew”. Congregational support is critical to a smooth sail.

Offering your services once in a while to clean our buildings and grounds will help keep things in “ship shape”. Please sign up.

As we head into summer, many activities are on our “ship’s log”. You are cordially invited and encouraged to participate when and wherever you can.

Blessings to you and yours for a fun-filled, safe summer.

In Love and Peace,
Mickey Schwald
Council President

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 Worship - 10:15am Installation of Church Council Comm. Dinner prep. 3:00pm</p>	<p>2 Ruth/Miriam Circle 2:00pm Community Dinner 5:30pm Facilities Committee 6:30pm @ J. Minnis'</p>	<p>3 Washington Missionary Choir 6:00pm Brownies 6:30pm</p>	<p>4 Independence Day (office closed)</p>	<p>5 Brownies 6:30pm</p>	<p>6 Mtlk. Terr. Sr's. lunch - Noon AA Mtg. 6:00pm</p>	<p>7 Hospitality Comm. Mtg. 10:00am</p>
<p>BETHESDA AT SMOKEY PT. REST STOP</p> <p>WALNUT GROVE SUMMER CAMP & TUTORING</p>						
<p>8 Worship - 10:15am Comm. Dinner prep. 3:00pm</p>	<p>9 More Than Membership 10:00 am Sue's Bible Study 2:00pm Community Dinner 5:30pm Finance Committee 7:00pm</p>	<p>10 Washington Missionary Choir 6:00pm</p>	<p>11 Mtlk. Terr. Sr's. lunch - Noon Foodie Book Group 6:30-8:30pm Al-Anon Mtg. 7:00pm Jammers Rehearsal 7:30pm</p>	<p>12 Life Group 6:00pm Brownies 6:30pm</p>	<p>13 Mtlk. Terr. Sr's. lunch - Noon AA Mtg. 6:00pm</p>	<p>14</p>
<p>WALNUT GROVE SUMMER CAMP & TUTORING</p>						
<p>15 Worship - 10:15am Comm. Dinner prep. 3:00pm</p>	<p>16 Community Dinner 5:30pm Council Meeting 7:00pm</p>	<p>17 Washington Missionary Choir 6:00pm Brownies 6:30pm</p>	<p>18 Mtlk. Terr. Sr's. lunch - Noon Al-Anon Mtg. 7:00pm Jammers Rehearsal 7:30pm</p>	<p>19 Brownies 6:30pm</p>	<p>20 Mtlk. Terr. Sr's. lunch - Noon AA Mtg. 6:00pm</p>	<p>21 Family Movie Night 5:30pm</p>
<p>22 Worship - 10:15am Comm. Dinner prep. 3:00pm</p>	<p>23 Sue's Bible Study 2:00pm Community Dinner 5:30pm</p>	<p>24 Craft Club 5:00pm</p>	<p>25 Mtlk. Terr. Sr's. lunch - Noon Al-Anon Mtg. 7:00pm Jammers Rehearsal 7:30pm</p>	<p>26 Life Group 6:00pm Brownies 6:30pm</p>	<p>27 Mtlk. Terr. Sr's. lunch - Noon AA Mtg. 6:00pm</p>	<p>28</p>
<p>Tour de Terrace</p>						
<p>29 Worship - 10:15am Comm. Dinner prep. 3:00pm Tour de Terrace</p>	<p>30 Community Dinner 5:30pm</p>	<p>31</p>	<p>JULY</p>			

July Birthdays

- 2 - Tim Currier
- 6 - Eddie Chatfield
Shaun Cunningham
- 7 - Ed Hinson
- 9 - Mimi Seale

- 12 - Thomas Klingensmith
Shailee Kosko
- 14 - Robert Porter
Verna Uhl
- 17 - Roy Johnson
- 18 - Veronica Rhoten

- 25 - Doris Storm
Kaloafu Tonga
- 27 - Tim Krahn
- 28 - Rebecca Angel
- 30 - Melissa Bader

Sun	Mon	Tue	Wed	Thu	Fri	Sat
AUGUST 2012			1 Mtlk. Terr. Sr's. lunch - Noon Al-Anon Mtg. 7:00pm Jammers Rehearsal 7:30pm	2 Brownies 6:30pm	3 Mtlk. Terr. Sr's. lunch - Noon AA Mtg. 6:00pm	4 Hospitality Comm. Mtg. 10:00am
5 Worship - 10:15am Comm. Dinner prep. 3:00pm	6 Ruth/Miriam Circle 2:00pm Community Dinner 5:30pm WAM Comm. Mtg. 5:30pm Facilities Committee 6:30pm @ J. Minnis'	7 Brownies 6:30pm	8 Mtlk. Terr. Sr's. lunch - Noon Foodie Book Group 6:30-8:30pm Al-Anon Mtg. 7:00pm Jammers Rehearsal 7:30pm	9 Life Group 6:00pm Brownies 6:30pm	10 Mtlk. Terr. Sr's. lunch - Noon AA Mtg. 6:00pm	11
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WALNUT GROVE SUMMER CAMP & TUTORING						
19 Worship - 10:15am Comm. Dinner prep. 3:00pm	20 Community Dinner 5:30pm Council Meeting 7:00pm	21 Brownies 6:30pm	22 Mtlk. Terr. Sr's. lunch - Noon Al-Anon Mtg. 7:00pm Jammers Rehearsal 7:30pm	23 Life Group 6:00pm Brownies 6:30pm	24 Mtlk. Terr. Sr's. lunch - Noon AA Mtg. 6:00pm	25 Men's Fellowship 8:00am
26 Worship - 10:15am Comm. Dinner prep. 3:00pm	27 Sue's Bible Study 2:00pm Community Dinner 5:30pm Girl Scouts 6:00-10:00pm	28 Craft Club 5:00pm	29 Mtlk. Terr. Sr's. lunch - Noon Al-Anon Mtg. 7:00pm Jammers Rehearsal 7:30pm	30 Brownies 6:30pm	31 Mtlk. Terr. Sr's. lunch - Noon AA Mtg. 6:00pm	

August Birthdays

- | | | |
|-----------------------|------------------------|-------------------------------------|
| 4 - Albert Veveris | 11 - Christina Bader | 23 - Mickey Schwald |
| 5 - Mike Matteucci | 13 - Kenny Pearson | 29 - Jerry Rhoten
Dorothy Wilson |
| 6 - Brandy Donald | 18 - Luke Klingensmith | 30 - Stan Krahn |
| 8 - Stephanie McArdle | 20 - Alix DeGraff | |

Thoughts For The Month

by Jeanne Krahn

It's summer. It is too! Not only our days, but don't our lives lengthen themselves in summertime? If possible, I would spread my arms and gather more of it to me—sort of a 'tuck-away' for those coming wet days. Edna St. Vincent Millay writes *"I will be the gladdest thing under the sun. I will touch a hundred flowers and not pick one"*. *"God doesn't have to put his name on a label in the corner of the meadow because nobody else makes meadows"* (anon.). *"He has made everything beautiful in its time"* (Ecclesiastes 3:11). But what do we do? What happened to relaxing? It's a known fact that Americans vacation the least of any progressive nation. We seem to be in danger of losing a basic part of our lives without realizing what's happening. It's a simple concept but how we slither around it! Everyone seems to have "things to do" and I must admit we're right there—which, as I think about it, is ridiculous and not that important at our ages. Holy Sunday, for example, too often after time with friends hearing His words, etc., in this house (or should I say God's house with us) come home, change to our work clothes, read the papers for an hour or so, then do chores. Why? But it's not always that way here, with the size of our family. In fact, next Sunday is a graduation party. Fun time! Relaxing—not too sure, new people? But Americans, living especially in urban areas, are "inundated with things to do". The rat race of work has caught too many of them. Go and do, thither and you, inside and outside because the sun shines, etc., etc., until after dinner (or is it a pizza coming in). We drop, exhausted, back into our chairs, falling asleep during the late news. How many times in occasional talking with family and friends do we rattle on about how much we have to do? Even when we try to relax, we can't. How many people do you see walking in the park anymore, that is taking a stroll? Yes, there's power walkers with ear plugs plugged in—but beepers, portable phones, call waiting, faxes, the ever-present PC, ready to dial the work computer, email, Facebook, etc., on and on? Better lives for our families and society are not improved by adding more quantity. Hasn't this rat race become a way of life? If you are given an hour or two of free time, what would you do besides become nervous? Have we lost the capacity to relax, pause, call time out, let the world pass by, just hang out as we used to do as kids? It reminds me of a dinner time here long ago with three couples who grew up in different parts of the states. We were laughing about things we did when we were young—games we played, laid on the grass to see the stars, etc., etc., when one of our younger of the family members popped in to say "hi", listened to all this blather, for awhile and, as leaving, remarked something akin to "wish I'd grown up that way! Sounds like you had more fun than I did". That's my big 'bone of contention' these days about kids growing up—grandsons in organized ball games before they're in kindergarten, etc. Don't they ever have an opportunity to just be kids and enjoy doing things just when the thoughts arise instead of hearing "it's 4pm time to go to play ball (organized ball)? Even their birthday parties have to be organized at the skating rink or pool. And you must have a 'goodie bag' for their friends take home. Yes, I'm a grumbling great-grandmother. I feel so much of life's companionship is being lost. Consumerism, of one kind or another, denotes a greed because everybody has to have this or do this. 'Nuf grumbling, at least this summer. Don't plan anything for

one weekend a month. Human beings aren't meant to spend their time in one of those 'rolling metal boxes (cars).

Whoosh! Time for dibble-dabbles of this-n-that! —This really raises my ire—the typical CEO of an American company made \$9.6 million last year. A person making the national median salary of \$39,312.00 would have to work 244 years to make that much! Ordinary workers received an average 1% pay raise in 2011, while top executive salaries climbed 6%. Companies run by CEOs who have served in the military are less likely to commit fraud than those run by non-vet executives but it's also been found that military executives produce lower return for their companies. —Before gardening, run your nails over a bar of soap to get some under your fingernails. Afterward, take about a teaspoon of sugar and massage it over your hands while holding them under running water. —Don't buy olive oil sold in clear glass. Light degrades the heart-healthy oil. Look for opaque containers. —Lots of people know that sipping black tea has health benefits but an even better way is eating tea to get a boost of age-erasing antioxidants. Open a bag of black tea leaves and add to your favorite spice mixture. Rub onto uncooked chicken, beef or fish and let stand for 18 minutes before cooking. —Don't wear gold necklaces or earrings if you want your teeth to look their whitest. Gold picks up and enhances the yellow tone in your teeth. Stan doesn't agree, saying "what about your gold fillings? Backwards?" —Use a sturdy old dinner fork for weeding the flower bed. The tines get under most weeds better than most tools. Use a grapefruit knife to cut dandelions from your lawn. Plants look a bit sickly. First aid: try feeding them a small amount of Geritol regularly for about three months. To help cut flowers last longer, apply hair spray. —Remove sticker residue by dabbing mayo on stubborn price tags and similars, let sit for a few minutes, then rub off. You can bring luster to dusty house plants by adding a dab of mayo to each leaf and buff with a paper towel or soft rag. Slide your ring off a swollen finger by putting a generous amount of mayo around the ring and it should slip off easily in a few minutes. —Rose black spot—clean up by spraying with a mixture of 1 tsp. baking soda, 1 quart water and a few drops of dishwashing detergent. If it becomes too epidemic, you'll have to use a fungicide. —Paper goods everywhere—which way are these "bag laws" going? Do we even think of the time when towels and napkins were made of soft, reusable cloth? We do unless we're serving the gooey covered baked ribs but through the years, it's been interesting to collect napkin rings. But, about 270,000 trees are used and discarded each day world wide. Some paper products are made from sustainable tree farms, native forests are still a primary source. This also leads to loss of animal habitats and paper making is a toxic process that is heard on the environment. Yes, I use saved paper to write all this. They are usually papers of high post consumer waste, best because it keeps paper out of landfills and reduces the need to use virgin wood fiber.

Summer—enjoy every day what God has made! No more of my 'nagging' until September. Remember to pick up and recycle after yourselves and always recycle your hugs. It's a great gift—one size fit's all. And I've found there are three things that grow more precious with age: old wood to burn, old books to read, and old friends to enjoy. Relax—July is Anti-Boredom Month!

AROUND BETHESDA

**Installation of Church Council
*July 1st @ 10:15 am Service***

Calling ALL Voices...

Have you been saying to yourself "Gee, I should join choir. They look like they're having fun!"

Well – NOW YOU CAN!

Starting Wednesday - September 5th - 7:00 PM

You don't have to be a professional and you don't have to wear a choir robe. Just come and help us Make a Joyful Noise as we serve the Lord in this unique way!

Hope to see you there!

**WELCOME
NEW MEMBERS**

- Jeff Brue**
- Norman and Pauline Dibble**
- Don and Linda Guenther**
- Tim Hillerman**
- Margaret Soini**

**NEW CRAFT
CLUB STARTING**

Kate Kurfess and Katherine Dedrick are starting up a monthly Craft Club on the **4th Tuesday of each month** and will meet in the Fellowship Hall at **5:00pm**. They plan to work on crafts for Tour de Terrace, then just individual crafts, or a combination. Any and all crafters are invited to join in.

BETHESDA COMMUNITY SERVICES will be serving coffee, etc., at the ***Smokey Point Rest Stop*** (northbound I-5) from July 4th at 2pm through July 6th at 2pm. We need lots of cookies and coffee, creamers, sugar, lemonade and many helpers to serve. If you want to start baking cookies now, please store them in your freezer till time to serve them. Please let either Joy Halladay, Mabelle Hoffman, Joan Minnis or Cliff Pearson know if you are donating items for this event. Thank you -

FREE HOT DOGS & HUGS ~ FRIDAY, JULY 27, 4:00-8:00 PM

We need everyone's help in setting up, serving, giving hugs, and cleaning up. This is a real fun time. Come share the love. We will also have a craft booth up at the Evergreen ball field during Tour de Terrace Friday, July 27th, through Sunday, July 29th. Donations are always welcome.

**Bethesda Lutheran
Church**

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Church of the Beloved: Ryan Marsh—Deployed

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