



Bethesda Outlook

May 2012

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*non-voting Council
advisors

**WE ARE HERE TO
SERVE YOU! CALL US
FOR ANYTHING!**

Welcome to Bethesda Sunday May 27th

Want to become a member of, and move more deeply into the life of Bethesda Lutheran Church?

Contact Pastor Malcolm no later than Sunday May 13th to make an appointment for a time of conversation about becoming a member of the Bethesda Lutheran Church Family of Faith on Sunday May 27th at the 10:15am service

Whether you are new to faith, have been away from a church for a long time, or are simply seeking to transfer your membership from another congregation, all participants in the ministries of Bethesda are encouraged to learn more about *Following Jesus (becoming passionate Disciples)*.

Should you have any questions about, please feel free to contact Pastor Malcolm by e-mail (prmalcolmb@gmail.com) or phone (425-778-6390). Thank you for worshipping at Bethesda.

The members of Bethesda Lutheran Church share the Gospel of Jesus Christ through our proclamation, celebration, and sharing the love of Christ with our neighbors through an accepting, caring community.

Easter Greetings - He is risen!

God is up to something here at Bethesda Lutheran Church!
As we live in God's amazing grace, **EXPECT SURPRISES!**

The Season of Easter culminates on *Pentecost Sunday, May 27th*, as we celebrate the gift of the Holy Spirit being poured upon God's people and we celebrate the birth of the Christian church and it's mission.

God is on a mission to love and bless the whole world. God has gifted us at Bethesda and has called us to show and tell the world of this mission. This mission of God is our mission, our only mission. We have something the world needs! We have no other mission than this one! God has given *us* all the gifts needed by the Holy Spirit for that mission, and to accomplish this work in our own unique way, today in 2012, in the 98043 Zip Code we call Mountlake Terrace.

Our real and hard work as a faith community will be to discern what our gifts are and how to use them as we ate God's hands and feet in our world. It will be our work to follow God into our community as we bless and love it. It will mean living differently every day *out there* in the world. It will mean thinking differently as a church that looks outward and not inward. This will require

prayer, lots of prayer. This will dare us to take action. This will be about

(continued on page 2)

daring to expect surprises and to take risks, big risks, with us going into places and doing things we don't want to do. This will be about following the Holy Spirit into places we'd rather not be and finding incredible surprises of grace.

The work is hard, and it will take courage as we follow God into all kinds of new places and encounter all kinds of grace in new people and their stories. We will be led into the company of strangers on paths we would have never picked ourselves. We will do this because we stand on grace and because we know that we are deeply loved, which may be the biggest surprise of all.

We live in and out of this abundance as Pentecost people because we are Easter people first. We are people of hope and certainty of the future because the risen Jesus Christ stands in the gaps of our lives. This gap is the gap that is God's grace and love, the gap that our world so desperately needs filled as they encounter God's Easter people, *us*, in their lives. Our mission, our only mission in the gap is to love them and bless them in God's name

We are indeed Easter People! And God is indeed up to something here! Will we dare to live in God's amazing grace? Will we dare to expect God to show in surprising and new ways?

Remember to wear Red on Pentecost Sunday- May 27th *(if you wish to)*
He is risen indeed

FROM OUR COUNCIL PRESIDENT

Greetings Bethesda Family,

Our bi-annual congregational meeting on May 20th will follow Sunday service. You are encouraged to attend. There will be four open seats on the church council. Registered members are invited to contact the Nominating Committee; Dena Lee, Larry Fischer, or Tim Minnis, if you wish to serve on the council.

Faithful volunteers of Bethesda have been busy offering their time and resources to maintain our buildings and grounds. Their efforts are so appreciated and show we care! God has blessed us with a great place together as we worship and strengthen our faith together.

This little white church is a vital hub in Mountlake Terrace. Be it sharing a meal, enjoying fellowship, to celebrate or to mourn. All in the peace, love, and grace of our Lord Jesus Christ.

Come! Get involved! Bless and be blessed!

With God's Love,

Mickey Schwald
Council President

Thanks Be To God

by The Rev. Wm Chris Boerger, Bishop



As we prepare to shout out the news of the resurrection at Easter, I am reminded how the saints before us lived with that promise. They were faithful throughout their lives knowing that they had been baptized into Christ's death and that the life they lived,

and continue to live, is in Christ. One such hero of faith for me was the Rev. Dr. Fred Danker. "Red Fred" was a professor of New Testament at Concordia Seminary and Christ Seminary-SEMINEX. Fred was a character of the first order. Fred joined the church triumphant on February 2, 2012.

Fred will be best known for his work revising and editing A Greek-English Lexicon of the New Testament and other Early Christian Literature. This volume, known to all seminarians, is usually referred to as BDAG. The D stands for Danker. Fred was a meticulous scholar.

Fred was also a passionate teacher. In his class on the Pauline Epistles he began by telling us that when we got done with his class we would be able to preach on the textual notes that are included in the Greek New Testament. In his Luke class my assignment was to write a paper on Luke's use of the word pan (all). It was an impossible task. Fred wanted to plant the seed

and let the growth come not only in class but over the life of the student.

Fred also liked to play chess. Any of us who were nerdy enough to carry portable chess sets around could count on Fred to challenge us to a game in the commons. I had an appointment to play chess with him at his home that I forgot. Fred called to see if I was alright. I told him I had forgotten but could still come to his home. When I arrived he assured me that missing this appointment was not a big deal, but I might not want to miss an appointment with a visitor who had attended the congregation. Visitation and promptness are important. Thank you, Fred.

He also always had a red whistle around his neck. You could hear Fred "blowing the whistle on legalism" any time his understanding of God's grace was violated. When asked to bring a character reference to an investigation into his teaching, Fred brought an African American woman from the housing projects. Fred believes that the poor could be our best reference when it came to practicing what we preach.

At the time he was my professor he struck terror into my academic heart. As a brother in Christ Fred Danker was a role model, teacher, and friend. Fred now lives in his baptismal promise. Once again the saints of God are pointing the way and inviting us to trust that promise as well. Thanks be to God.

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|---------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  | | 1 Washington Missionary Choir 6:00pm Brownies 6:30pm | 2 Mtlk. Terr. Sr's. lunch - Noon Al-Anon Mtg. 7:00pm Choir Rehearsal 7:00pm Jammers Rehearsal 8:30pm | 3 Life Group 6:00pm Brownies 6:30pm | 4 Mtlk. Terr. Sr's. lunch - Noon AA Mtg. 6:00pm | 5 Hospitality Comm. Mtg. 10:00am Care of Creation Plant Sale 10am-2pm |
| 6 Worship - 10:15am Comm. Dinner prep. 3:00pm | 7 Ruth/Miriam Circle 2:00pm Community Dinner 5:30pm WAM Comm. Mtg. 5:30pm Facilities Committee 6:30pm @ J. Minnis' Girl Scouts - 6:45pm | 8 Washington Missionary Choir 6:00pm Brownies 6:30pm | 9 Mtlk. Terr. Sr's. lunch - Noon Al-Anon Mtg. 7:00pm Choir Rehearsal 7:00pm Jammers Rehearsal 8:30pm | 10 Brownies 6:30pm | 11 Mtlk. Terr. Sr's. lunch - Noon AA Mtg. 6:00pm | 12 |
| 13 Worship - 10:15am Comm. Dinner prep. 3:00pm | 14 More Than Membership 10:00 am Sue's Bible Study 2:00pm Community Dinner 5:30pm Finance Committee 7:00pm | 15 Washington Missionary Choir 6:00pm Brownies 6:30pm <u>NEWSLETTER DEADLINE</u> | 16 Mtlk. Terr. Sr's. lunch - Noon Al-Anon Mtg. 7:00pm Choir Rehearsal 7:00pm Jammers Rehearsal 8:30pm | 17 Life Group 6:00pm Brownies 6:30pm | 18 Mtlk. Terr. Sr's. lunch - Noon AA Mtg. 6:00pm | 19 Family Movie Night 5:30pm |
| 20 Worship - 10:15am Bi-Annual Congregational meeting Comm. Dinner prep. 3:00pm | 21 Community Dinner 5:30pm Council Meeting 7:00pm | 22 Washington Missionary Choir 6:00pm | 23 Mtlk. Terr. Sr's. lunch - Noon Al-Anon Mtg. 7:00pm Choir Rehearsal 7:00pm Jammers Rehearsal 8:30pm | 24 Brownies 6:30pm | 25 Mtlk. Terr. Sr's. lunch - Noon AA Mtg. 6:00pm | 26 Men's Fellowship 8:00am |
| 27 Worship - 10:15am Comm. Dinner prep. 3:00pm | 28  MEMORIAL DAY (office closed) Sue's Bible Study 2:00pm Community Dinner 5:30pm | 29 Washington Missionary Choir 6:00pm | 30 Mtlk. Terr. Sr's. lunch - Noon Al-Anon Mtg. 7:00pm Choir Rehearsal 7:00pm Jammers Rehearsal 8:30pm | 31 Life Group 6:00pm Brownies 6:30pm | <h1>2012</h1> | |



- | | |
|-------------------------------------|------------------------|
| 1 - Cory Henderson | 24 - Sheri Martinez |
| 6 - Ruby Engelstad Taniela Tonga | 27 - Emmalee Donald |
| 14 - Florence Carlson | 30 - Katherine Dedrick |
| 18 - Amy Goldsmith | |

Bethesda Lutheran Church
23406 56th W
Mountlake Terrace

Care of Creation Event & Plant Sale

Saturday, May 5th
10 a.m.- 3 p.m.

Bring the family and meet your neighbors!

- Watch "Wall-E"
- Concessions
- Take Away Art Projects
 - Raffle
- PUD Light Board Meter Display
 - Bake Sale
 - Plant Sale
 - Garden Garage Sale
- Professional Knife Sharpening
... and More!

Chicken Cacciatore

4 servings

1-3 lb chicken, cut into serving pieces

Flour

Salt and pepper

¼ cup olive oil

½ cup onion, chopped

1 26-ounce can chopped tomatoes

½ cup dry white wine

1 teaspoon salt

½ tsp ground pepper

1 sm bay leaf

1/2 tsp thyme

1 tsp dried oregano

Dredge chicken pieces in flour seasoned with salt and pepper. Brown chicken until golden brown in medium hot oil. Remove to a platter.

Adding more oil if necessary, sauté onion until soft and lightly colored. Add remaining ingredients and bring to a boil. Return chicken to pan. Cover. Reduce heat and simmer chicken for 1 hour or until chicken is tender. Remove chicken to a warm platter and thicken sauce with a little cornstarch.

Serve over rice.

Happy Birthday, Maxine!

Submitted by Dena Lee

Thoughts For The Month

by Jeanne Krahn

Getting old we can deal with. Being old is the problem! Have I expected to live an entire lifetime free of disappointment and suffering, no loss, no pain? An expectation of “the merry month of May”, jingle bells, beach towels, oodles of daffodils, etc., ‘turkey daz’, flying reindeer, ‘in and out’ of the church door to see the Nativity scene and the Wise Men coming? What an unrealistic expectation, almost arrogant! Why did I think God was going to spare me from such a perfect life? Most of us assume life will be under our control and fair. Do you feel violated when your life does not turn out that way? A warning that something bad is happening to your soul? How can one keep going with both feet hard on the floor? These past months have been difficult in many ways for us, not only our physical problems but mentally, trying to cope with the loss of six friends since my brother’s memorial in February, yesterday’s mail from Denmark—two young friends sharing with us the loss of their first unborn child—and another note of a friend’s wife in hospice. Ok—are those sharings the proverbial straw breaking the camel’s back? Solomon’s journal or should I say journey is straight talk of the human race being confronted by the judgment of God. Our ragged edge journey continues but it’s sure rattling my brain today every which way—very difficult to find a focus to share with you all, friends and family, near and far. Charles Swindoll writes, *“Why does Solomon close with the judgment of God? Because we cannot live the life of an irresponsible playboy and get away with it? We aren’t free to run wild and wink in God’s direction, thinking that no matter what, the big Teddy Bear in the sky will be just fine.”* Have I had too many dreams and fantasies—no pillow talk? Advocacy for and of God’s creation and judgment is a long term commitment.

Whoosh! “Nuf heavy, heavy! I have a lot to learn, haven’t I? Let’s just do some ‘dibble-dubbles’ today. Earth Day will have come, be shared all over, never gone, it wanders on as we do. Help and be prepared for Bethesda’s Stewardship Ministry—the Care of Creation Event and Plant Sale, Saturday, May 8th, from 10am to 3pm. Volunteer. Invite your friends and neighbors. Go green to save green! Try! Machine wash clothes in cold water whenever possible. This could save as much as 85% of your energy used to wash clothes. Install a low-flow shower head to reduce water use. The shower head doesn’t cost much, and you can quickly recoup costs through water and energy savings. Add faucet aerators to all faucets. This helps conserve heat and water without sacrificing pressure. Remove any green shoots from garlic cloves before chopping. They can be bitter tasting even after cooking. Ever have any juices, stock or wines,

etc., left? Save it in muffin tins or ice cube trays. Figure the amount of liquid and save for vinaigrette, sauces or braises. Baking or whatever with nuts? Toasting them brings out their aromatic oils, making a stronger, more complex flavor and aroma. If you’re using more than one cup, oven-toast them on a roomy sheet pan. This offers more space than a skillet but more even heat, less stirring. Slow cookers use very little electricity—no more than a light bulb, costing about 2¢ an hour—even more economical than your oven. Don’t Cry! Place just a corner of a bread slice between your teeth while you’re cutting onions and your eyes won’t water. No, I’m not a magician—don’t know why it works. A drop of oil of peppermint, a spoonful of sugar and hot water mixed together help sooth a ‘tummy ache’. You can even drain the juice from sauerkraut and slowly sip it. Sounds terrible but is also works on a ‘tummy ache’. Traditional method of hanging fresh herbs to dry can take days or weeks. Try drying in your micro wave. Many different kitchen personnel have experimented with a variety of hearty herbs, such a sage, rosemary, thyme, oregano, mint and marjoram by placing the herbs in a single layer between two paper towels, placing on the turnaround and micro waving on high power—takes one to three minutes for the leaves to turn brittle and fall easily from the stems. Parsley, cilantro and other delicate herbs are best eaten fresh. Substitute for sour cream: mix 3/4 cup plain yogurt with 1/3 cup instant dry milk and stir in one teaspoon cornstarch. Use this recipe to replace one cup sour cream for baking. Don’t know how it would taste on your baked potato. Don’t buy expensive all-color bleach for your laundry—add either 1/2 cup white vinegar or 1/2 cup baking soda to the laundry. Either one will help clean and brighten clothes—cheaper too! When is club soda more valuable than a bottle of fine wine? (I drink it before bed time for leg cramps.) Use it for wine spills on your shirt, carpet, table cloth, etc. Wet spot with club soda and blot away the stain. This one really opened my eyes! We don’t do a good job of hand washing as we think we do. We tend to not thoroughly clean our thumbs, fingertips or between our fingers—2 to 16 million bacteria between fingertips and elbows, germs stay alive on hands for up to 3 hours. Damp hands spread 1,000 times more germs than dry hands and there’s millions of germs hiding under watches and bracelets. There could be as many germs under your ring as there are people in Europe!

No room for poetry! Moms, live it up—your day! Always remember Armed Forces Day, May 19th, and Memorial Day, May 28th. Sun shines, flowers bloom, love and help each other!

STEWARDSHIP MINISTRY 2011-2012

Spiritual Stewardship Survey Writings: Part Three of Three

*(Remember: there are no right or wrong answers!
How does your spirit guide you?)*

17. Can you find the positive in the negative? How?

I have the choice and I try to always choose the positive.* Yes-usually through humor...I think of the personal growth that occurs when "bad things" happen* I try to but thinking God for what I have* Yes* Trying to think differently of the situation.* Yes, any way I can* Mostly I try not to focus on the negative* Negatives are a positive waiting to happen* Usually. Prayer, remembering the good.* try to look for a positive in the negative.* I am having trouble with this.

18. What are some personal gifts that are yours alone?

Listening, compassion, I care* 40+ years of choreographing many types of music* Memories* my son (Jamie Rae)* My children, grandchildren* my (untrained) for music: steadiness, organizational skills, ability to find humor (or at least irony) in almost everything* positive attitude, truth & my love to give & integrity.

19. What are some of your family's assets?

Our love of God & each other + support of each other.* We want to help* Caring, hard workers* each other* We all get along* love & support, kindness* love, warmth* Compassion*

20. What are some of our congregation's gifts?

Gift of sharing our gifts with the needing.* Music dept.* Capability to overcome adversity* Giving to the community in many ways* time & worship, fellowship* open hearts open arms* Love* lots of volunteers who care about our church and other people* Love of God, supporting each other, helping emotionally, physically & mentally.

21. What are some of our community assets?

Love of God, supporting each other, helping emotionally,

physically & mentally but not always God.* We have a safe place to live with clean air, good water, police & fire protection* Family* get along with neighbors & friends* Good people helping others* Support* Friendly people, safe neighborhoods* Location, involvement with residents* senior center-assisted living homes* Community Dinner & Pantry& BSCS, all volunteers

22. Can you connect your responses to feel the connection of creation?

Yes* Most assuredly yes* Love/God's grace* Yes* We are not in a war zone.* Yes.

23. When we connect with each other, we create something new. Can you find grace between all of our gifts? What do you see?

Yes, community & peace & love* Love* Love & respect for diversity* a strong congregation that works together* A diverse group of people offering many talents towards bettering each other, the community & the earth* A congregation without conflict doing God's

Dear Brothers and Sisters In Christ,

We hope that you have all enjoyed our Stewardship journey this past year as much as we have enjoyed exploring the different ways it means to be a good steward on God's earth.

May we continue to grow in our understanding of what it is God is asking us to do in all aspects of our lives.

Remember and practice Bethesda's mission statement:

ALL are welcome at Bethesda Lutheran Church. We are here...

"To Proclaim, celebrate and share the love of Christ with our neighbors through an accepting, caring community."

Thanks be to God!

Many blessings to all of you!

Your Stewardship Team

**Bethesda Lutheran
Church**

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Pastor: Malcolm Brown

Church of the Beloved: Ryan Marsh—Deployed

Change Service Requested

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bethesdalcm.com

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