



Bethesda
Lutheran Church

Bethesda Outlook

April, 2010

*Greetings Easter people in the name of the Risen Christ -
"Alleluia, He is risen"*

**God is up to something here at Bethesda Lutheran Church!
As we live in God's Amazing grace, *EXPECT SURPRISES!***

The Season of Easter begins on Easter Sunday, April 4th, and is about the celebration of the resurrected Jesus poured upon us to sustain us the church to rejoice, proclaim, love and serve the world.

God is on a mission to love and bless the whole world. God has gifted us at Bethesda and has called us to show and tell of this mission of God. This mission of God is our mission, **our only** mission. We have something the world needs! We have no other mission than this one!! God has given all the gifts needed by the Holy Spirit for that mission, to accomplish that mission in our own unique way, today in 2010 in Mountlake Terrace. It will mean living differently every day out there in the world. It will mean thinking differently as a church that looks outward and not inward.

Our real and hard work as a faith community will be to discern what our gifts are and how to use them in mission, God's mission to love and bless the world. This will require prayer, lots of prayer. This will require that we spend a lot of time in God's word, the Bible, every time we gather. This will dare us to take action. This will be about daring to expect surprises, to take risks, big risks, with us going into places and doing things we don't want to do and following the Holy Spirit into places we'd rather not be. There will be messes and experiences that may not seem like successes, some may call them failures, but they will be neither but great learning and growing experiences. We may and will fall and stumble, and sometimes we may even look like idiots. So what? We stand on grace! We will worry about our resources, we will be afraid to mess up. We might even forget that God is a God of abundance who promises us everything we need.

Will it be possible for us to feel at home in a congregation that **expects surprises**; that knows that the Holy Spirit is going to show up and mess with everything; that embraces failure and celebrates messes as we learn from the mistakes we will make as we flounder around trying to be the church in this world! We stand on grace, the work is hard, and it will take courage; to dare to take risks, and to dare to make messes as we follow God into all kinds of new places. We will encounter all kinds of grace in new people and there stories; into the company of strangers on paths we would have never picked ourselves. We will do this because we stand on grace.

We will do this because we are Easter people, people of hope and certainty of the future because the risen Jesus Christ stands in the gaps of our lives, the gap that is God's grace and love, the gap that our world so desperately needs filled as they encounter God's Easter people, **us**, in their lives.

We are indeed Easter People! And God is indeed up to something here! Let us dare to live in God's amazing grace? Let us dare to expect God to show up in surprising and new ways?

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The Spirit

insert

"He is risen indeed"

Pastor Malcolm

Smokey Point Coffee Host Program a Huge Success!

Bethesda Community Services Committee (BCSC) is very thankful and appreciative of the efforts and contributions put forward by many congregants for the rest stop station, especially those who were able to volunteer to serve the drinks and cookies. Many dozens of cookies were baked and donated.

Coffee and tea was donated by the Monday Night Dinners. We obtained coffee pots for coffee, tea and hot chocolate. Many stores contributed to the cause including Albertsons, Cash and Carry, Costco, Fred Meyer, Grocery Outlet, Rogers Market and QFC. Please support these stores with your purchases. We were able to obtain paper products for hot drinks, gloves, creamers, sweeteners, napkins, etc.

Our committee chairperson, Merry Wick, did a superb job of detailing the process and left no stone unturned. Joy and Machele demonstrated their prowess at soliciting and scavenging for the event. A special

thanks to Cliff for bringing this program to us. Thanks to Glen and Ed for opening the rest stop station and moving all the products on the first day. Then later Glen worked the 10 p.m. to 6 a.m. shift with Merry Wick. On the last day, Ed came back up to help return the left over products and serving items. Thanks to Joan and Sarah for the final clean-up and turning it over to the next group.

It was a rewarding time to meet travelers and get to know our fellow workers as we dispensed drinks and cookies. Many expressed their appreciation to us.

Donation of \$506.80 was counted by Joy DeGraff and banked for BCSC.

Our committee thanks all for the efforts as we have more community outreach work to do. We ask for your prayers as the work of the Committee continues during some rough economic times for many in our extended community.

Vision 2010 Coming

Back in 1999, members of Bethesda Lutheran Church met to visualize what they felt was possible and even necessary for our church to grow and develop as a community of Christ's body in the city of Mountlake Terrace. We chose a Mission Statement, and discovered our expectations for ourselves and set goals for accomplishments over the next four to five years. Vision 2003 was the result of a day-long workshop, and much of what was set forth that day HAS been accomplished.

But, that was more than 10 years ago, and Bethesda has changed so very much since those days. The Council at Bethesda has decided that it is time for us to review and update our dreams and goals for the next phase of our work in the community in which God has placed us. I have volunteered to help lead our discussions and goal-setting processes. I have set

aside the date of Saturday, June 12, for a meeting of all members to voice their ideas and help prioritize our goals. Be watching and listening for more information as the next two months pass, and plan to be present with us that Saturday.

In the meantime, I urge all of you to prayerfully consider what YOU wish to see happen, and if you have particular ideas and interests, get in touch with the committees which address your particular functions, or talk with members of the Council. As you attend committee meetings, talk about what shape your particular service could take in the life of Bethesda. Brainstorm!! Think outside the box!! Remember that "with God, all things are possible".

Watch and listen for more in the next few weeks!

Sue Rasmussen

From Your Council President

Its time for Pastor's Annual Performance Review! Please join us on Saturday, April 10th, 10:00 am-1:00 pm in the Fellowship Hall. We encourage the whole of our congregation to help with this very important discernment process!! Please step forward with all your questions and challenges. As we listen to your voices, we will also review how our Council is working for the Congregation and Pastor. We will review how our Congregation is interfacing with our Pastor and our Council! Each voice of our Congregation is as valuable as the next and together we make a whole!

The review process is very fun and revealing!! Bring an open heart and a sharp pencil!! Coffee and pastries will be provided!!

Your Disciple in Christ,
Dena Lee

Bethesda Lutheran Church

Worship Survey

The Worship and Music ministry team at Bethesda would like your input as we take a look at what we are already doing on Sunday mornings and as we consider a second worshiping experience beginning in the Fall of 2010. We need your prayerful and thoughtful input as we listen for the Holy Spirit, to create meaningful worship that celebrates the risen Christ and living God among us.

Please fill out the following and return it to the church either by mail or on Sunday morning during services. You may also bring it by the church office during the week if you wish.

<u>Day of week</u>	<u>Time of day</u>	<u>Type of Service</u>
<input type="checkbox"/> Sunday	<input type="checkbox"/> Morning	<input type="checkbox"/> Traditional
<input type="checkbox"/> Monday	<input type="checkbox"/> Afternoon	<input type="checkbox"/> Contemporary
<input type="checkbox"/> Tuesday	<input type="checkbox"/> Evening	<input type="checkbox"/> Family/Youth Oriented
<input type="checkbox"/> Wednesday		
<input type="checkbox"/> Thursday		
<input type="checkbox"/> Friday		
<input type="checkbox"/> Saturday		

- If the service was other than Sunday morning, would you like to gather for a meal before or after service? Before After No
- What is most meaningful for you, as you worship at Bethesda now?
- What would make your worship experience at Bethesda **MORE** meaningful?
- How would you like Bethesda to help meet the worship needs for you and your family? Please share your suggestions (ie: type of music, length of service, child care, Sunday school during service etc).

“Shooting For The Stars”

The Mountlake Terrace Senior’s Group and friends had their first annual talent show, “*Shooting For The Stars*”, on Saturday, February 27th. What great enthusiasm for it. People were just clamoring to sign up to perform in it. The acts were not all seniors either. It was held at Bethesda Lutheran Church who sponsors our senior center here in Mountlake Terrace. The show opened with three Hawaiian hula dancers coming down the aisle doing an ancient chant, then they did three numbers with grace and beauty. The ladies were in their 70s!

There were 20 or more different “acts”, some with only one person and some were with many persons, singing and playing instruments. There were piano, guitar, flute, trumpet, harmonica, mandolin, keyboard and recorder payers, a great deal of musical talent.

The guitar group, which meets every month at the senior center, had at least ten guitarists. They are called “The Huckabillys” and they were our country music treat. Three sisters, “Shirley’s Girls” sang comedy songs. One couple showed off their dancing skills. All were great performers - all so enthusiastic.

Many thanks to Beverly Marshall, our producer, Penny Schults, our Senior Center Director, and Flash “J.R.” Scaff, the Emcee, and ALL the volunteers who made this exciting event possible. This was held to benefit our senior center, and we look forward to next year.



Hula Dancers



Flash “J.R.” Scaff
Emcee



Bethesda Jammers



The Huckabillys



Shirley's Girls



Producer,
Beverly Marshall
(holding flowers)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<h1>APRIL 2010</h1>				1 MAUNDY THURSDAY Maundy Thursday Svc. - 7:00pm	2 GOOD FRIDAY Good Friday Svc. 7:00pm	3
4 EASTER SUNDAY Worship - 8:30am Easter Breakfast 9:30am Worship - 11:00am Comm. Dinner prep. - 3:00pm Bethesda Terrace Youth - 7:00pm	5 ESL - 9:00am Ruth/Miriam - 2pm @office (M. Seale hosting) Community Dinner 5:30pm Girl Scouts 6:45pm Intern Committee Mtg. - 7:00pm @ Edmonds Lutheran	6 Brownies - 6:30pm Education Comm. Mtg. - 7:00pm Jammers rehearsal 7:15pm	7 ESL - 9:00am Mtlk. Terr. Sr's. lunch - Noon Choir rehearsal 7:00pm Confirmation Class 7:00pm Al-Anon Mtg. 7:00pm	8 Brownies 7:00pm	9 Mtlk. Terr. Sr's. lunch - Noon AA Mtg. - 6:00pm WAM Comm. Mtg. 6:30pm	10 Hospitality Comm. Mtg. 10:00am
11 Worship - 10:15am Comm. Dinner prep. - 3:00pm Bethesda Terrace Youth - 7:00pm	12 ESL - 9:00am MTM Mtg. 10:00am Sue's Bible Study 2:00pm Community Dinner 5:30pm Finance Committee 7:00pm	13 Outreach Comm. Mtg. - 7:00pm Jammers rehearsal 7:15pm	14 ESL - 9:00am Mtlk. Terr. Sr's. lunch - Noon Choir rehearsal 7:00pm Confirmation Class 7:00pm Al-Anon Mtg. 7:00pm	15 Brownies 7:00pm	16 Mtlk. Terr. Sr's. lunch - Noon AA Mtg. - 6:00pm	17 Exec. Comm. Mtg. Noon Family Movie Night 5:00pm
18 Worship - 10:15am Comm. Dinner prep. - 3:00pm Bethesda Terrace Youth - 7:00pm	19 ESL - 9:00am Community Dinner 5:30pm Council Meeting 7:00pm	20 Brownies 6:30pm Jammers rehearsal 7:15pm <u>NEWSLETTER DEADLINE</u>	21 ESL - 9:00am Mtlk. Terr. Sr's. lunch - Noon Choir rehearsal 7:00pm Confirmation Class 7:00pm Al-Anon Mtg. 7:00pm	22 Brownies 7:00pm	23 Mtlk. Terr. Sr's. lunch - Noon AA Mtg. - 6:00pm	24 Men's Fellowship 8:00am
25 Worship - 10:15am Comm. Dinner prep. - 3:00pm Bethesda Terrace Youth - 7:00pm	26 ESL - 9:00am Sue's Bible Study 2:00pm Community Dinner 5:30pm	27 Twins Club 5:00pm Jammers rehearsal 7:15pm	28 ESL - 9:00am Mtlk. Terr. Sr's. lunch - Noon Choir rehearsal 7:00pm Confirmation Class 7:00pm Al-Anon Mtg. 7:00pm	29 Brownies 7:00pm	30 Mtlk. Terr. Sr's. lunch - Noon AA Mtg. - 6:00pm	

DATE		COMMUNION ORGANIZER	USHERS	LAY READER	FLOWERS	READINGS
Apr. 1	Maundy Thursday	Judy Rasmussen	John Sullivan Flash Scaff	Pat Olson		Exodus 12:1-4[5-10] 11-14 1 Corinthians 11:23-26 John 13:1-17, 31b-35
Apr. 2	Good Friday		Flash Scaff Cindy Wesley	Julia Chatfield Katherine Dedrick Sue Hauman Stan Krahn Sue Rasmussen Tom Ruzicka Merry Wick		
Apr. 4	Easter	Judy Rasmussen	Cindy Wesley John Sullivan	Mickey Schwald	Mickey Schwald	Acts 10:34-43 Psalm 118:1-2, 14-24 1 Corinthians 15:19-26 Luke 24:1-12
8:30 service	<u>Acolyte</u> Viola Scobie	<u>Communion Asst.</u> Flash Scaff	-----	-----	-----	
11:00 service	<u>Acolyte</u> Maryann Matuska	<u>Communion Asst.</u> Sheri Fifield-Maahs	Flash Scaff Machelle Hoffman	Mickey Schwald		
Apr. 11	Second Sunday of Easter			Mickey Schwald		Acts 5:27-32 Psalm 118:14-29 Revelation 1:4-8 John 20:19-31
Apr. 18	Third Sunday of Easter			Julia Chatfield		Acts 9:1-6 [7-20] Psalm 30 Revelation 5:11-14 John 21:1-19
Apr. 25	Fourth Sunday of Easter			Julia Chatfield		Acts 9:36-43 Psalm 23 Revelation 7:9-17 John 10:22-30



- 1 - Kris Rasmussen
- 4 - Autumn Minnis
- 6 - Barbara Van Deren
- 7 - Theresa Campagna
Joy Halladay
- 14 - Shaun Anstice
Bob Leavens
- 16 - Maxine Helms
- 17 - Miranda Currier
- 19 - Jack Giseburt
Jaye Lill
- 20 - Carol Nelson
- 21 - Janice Bowen

Thrivent Members:

In the April issue of the Thrivent magazine there will be details for voting on how to distribute one million dollars of Thrivent Financial charitable funds among a short list of national charities. All members sixteen plus will be able to vote.

Many thanks to everyone for your prayers, calls, cards, e-mails, flowers sent during my recent illness. Also to those who did the food shopping. I am so blessed to a part of this Bethesda Family.

God Bless you all~~
Mickey

Thoughts For The Month

by *Jeanne Krahn*

Happy Earth Day April 22nd! Make every day Earth Day starting right where you are in your own back yard. In 1970 Earth Day was organized mostly by word of mouth—no e-mail blasts, Facebook invites, and cell phones didn't even exist. How did we ever live without cell phones? We were driving huge V8 sedans and "green" was the euphemism for money. But on April 22, 1970, 20 million Americans protested the deterioration of our environment: groups that had been advocating against oil spills and the loss of wilderness came together in rallies across the country. Thus became the creation of the U.S. Environmental Protection Agency and the creation of the Clean Air, Clean Water and Endangered Species Acts. In 1990 the day became an international event, with more than 200 million participants, giving a huge boost to worldwide recycling. Our knowledge has expanded: knowing more about environmental issues, more access to organic and natural cleaning products, and the reduction of greenhouse gasses is on the presidential agenda. Washington lawmakers (ours) have approved a state wide ban on the chemical bisphenol A in baby bottles and other food containers for ages 3 and younger. Governor Gregoire is expected to sign the bill, taking effect July 1, 2011, and also includes sports bottles as of July 1, 2012. Why the bit gaps? This doesn't take BPA out of the food supply. It will still be legal in linings used for canned foods and beverages such as baby formula, baby food jar lids and home canning lids. What? How? What is BPA, this bisphenol A? Long story—ask Google or look it up.

Let us proclaim our love for God by taking special care of the earth He made for us! How and when? Start today for every day, in your own back yard and your home. You don't have to be a biologist or a ranger to help save the world's forests. You don't even have to leave home. Making small changes consistently in the way you buy, use, and get rid of products can make a big difference. Practice what you preach! A few thoughts to get you started:

Buy durable products made from recyclable materials and recycle everything you can.

At home, use sponges, washable hand towels and cloth napkins instead of paper towels. Seems I've always used cloth napkins with each person's own napkin rings even for company.

Use mugs at work instead of paper cups. Buy paper products made from recycled paper or paper obtained from sustainably managed forests.

Buy energy efficient appliances and choose hand-operated tools and gadgets over electric, motorized, or

battery operated ones. How about going back to push lawn mowers? Sure, do away with that weekend noise and smoke and gas smells in the neighborhood. Besides, it's good exercise—your very own treadmill.

Insulate your water heater, set at 130° or lower, wash clothes in cold water and turn down heat and water when you go away.

Drive smart and make your next car fuel efficient and toned up, radial tires properly inflated and turn off your car when you're waiting more than 30 seconds. Restarting is more fuel-efficient than letting it idle.

Plant deciduous trees that will shade southern and western exposures in the summer and provide solar heat in the winter. Steer clear of poisons in your yard and toxins inside your home. Outside, use natural insect controls and fertilizers. Pull weeds instead of poisoning them.

Conserve your water—a very crucial thought these days world wide. It's been said and written that many future wars will be about water rights not oil rights. Don't let the water run when you're scrubbing pots, wiping counters, brushing your teeth, shaving, and save laundry and dishes for a full load and use phosphate-free, biodegradable detergents. Landscape with plants that don't require lots of water. Yes, we do live in the Evergreen State but these years of very low snowpack seriously affects how much water is available for everyone from apartment renters to the farmers everywhere.

Your mom was right: you are what you eat. A big problem today considering the number of chemicals used to grow crops, raise livestock and preserve your favorite foods. We need to pay attention when making choices, knowing where food comes from and how its grown. Buy organic, locally grown produce from farmer's markets and co-ops instead of from super markets selling pesticide produced crops such as contaminated peaches, strawberries, lettuce, carrots, etc. from as far away as Chile, Peru, etc.

'Nuf schooling for this month. Protect our earth. Promote the well-being of all people. Nourish your spirit. President Theodore Roosevelt said, *"Here is your country. Cherish the natural wonders, cherish the natural resources...the history...the romance for your children and your children's children. Do not let selfish men or greedy interests skin your country of its beauty, its riches or its romance."*

Easter blessings. Christ has risen! Let's keep it that way.

**Bethesda
Lutheran Church**

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Phone: 425-778-6390

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Sno-King Cluster Intern: Jacquie Berlien
Church of the Beloved: Ryan Marsh—Deployed

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March 28 Palm Sunday

April 1 Maundy Thursday Service - 7:00 p.m.

April 2 Good Friday Service - 7:00 p.m.

April 4 EASTER SUNDAY:

Services - 8:30 & 11:00 a.m.

Breakfast - 9:30 to 10:45 a.m.
