



Bethesda
Lutheran Church

Bethesda Outlook

February, 2009

Ash
Wednesday

February 25th
Service at 7:00 pm

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WEDNESDAYS
during Lent

March 4, 11, 18, 25, & April 1

6:00 pm ~ Soup Supper

7:00 pm ~ Holden Evening Prayer

Reports From Our Council

Finance

Our resolution for this year is to be more proactive in determining how to use the Memorial Funds appropriately for the good of the donors, honorees and our church. Our overall financial picture is stable.

Facilities

The electrical work for our kitchen remodel is in progress. Our electrician is generously donating his labor for this HUGE undertaking! An additional phone line will be installed in the church building.

Hospitality

The "Baked Potato Bar" was a great success. We'll be doing more surprise Sundays in 2009! The Shrove Tuesday Pancake Supper will be Tuesday, February 24th. Join us each Wednesday night during Lent for soup supper and Lenten service. A big SPRING FLING DINNER is slated for Saturday, April 25th.

Outreach

Council is requesting that the Bethesda Community Services Committee be formally under the umbrella of Outreach. The community dinners are being moved to Monday nights to create a better sense of shared community flow. The housing needs of our Tonga Family will be actively addressed this month.
WHAT IS GOD CALLING US TO DO?

Worship, Art & Music

We are excited to be using Justin Cormier's service for Lenten worship. We are using Holden Evening Prayer for Wednesday night Lenten services. Several guest speakers will join us this new year including a sermon delivered by Bishop Boerger on Sunday, March 29th.

Education

We are truly enjoying being an active part of service the second Sunday of each month. All class levels are having good experiences with their Sunday school lessons.

Pastor's Report

Pastor Malcolm expresses his gratitude to all and reminds all of us to let him know what is going on, how you are feeling, etc. Clear communication is the key to success for any relationship. This month, Pastor is attending a workshop at PLU about the church's ability to adapt to the modern world.

Other Items

Our offering monies from Christmas Eve Service were divided equally and given to the Compass Center and Camp Lutherwood.

We would like to research the possibility of hiring a professional bookkeeper to maintain our books. That position requires at least 40 hours of time each month.

Youth Corner

We know that our pool party and potluck was a GIB HIT! We can only hope that ***Souper Bowl of Caring*** will be a huge success.

During the month of February, we will be creating the "Building Blocks of Liturgy".

Sunday, February 8th, please join us for a Family Service. All Sunday schoolers who are interested in drumming will have a short practice with Billy Poindexter before arriving in the Sanctuary for "Prelude Drumming". The confirmation class and 4th-5th graders actively participate in service as ushers, communion helpers, lay readers and acolytes.

Saturday, February 21st, is "Family Dinner & A Movie Night". All are welcome. Hamburger BBQ. "Wall-E" is our movie for the night. **Start time - 5:30 pm.**

Confirmation Class & Families!!! Please join us **February 21st for "Family Dinner & A Movie Night"**. *Following our dinner, we will retire to the office to learn more about what and how we are doing in Confirmation Class. Also on the agenda is the possibility of attending Camp Lutherwood this summer and how we might raise some monies for camp fees.*

We are moving to Monday Nights
On Monday February 16th
Bethesda Community Dinners
Will move to Monday Nights

Same Time: 5:30pm

Same Place: Bethesda Lutheran Church

23406 ~56th Ave West , Mountlake Terrace, WA 98043

425-778-6390

Same Offering: of delicious and healthy food

Same Opportunity: to connect and build community

All Welcome

**Albertsons Community
Partners Program**

Reminder: If you participate in Albertsons Community Partners Program, you will need to relink your cards at WWW.ALBERTSONSCP.COM by February 28, 2009 in order for contributions to continue after March 1, 2009. Please call the church office, 425-778-6390, if you need assistance.

Concordia Choir Concert

"EXCEPTIONAL!" SAYS GARRISON KEILLOR OF THE CONCORDIA CHOIR; MOORHEAD The world renowned Concordia Choir of Concordia College in Moorhead, Minnesota, under the direction of Dr. Rene Clausen will perform two concerts in the Seattle/Tacoma area; Saturday, February 21 at 8:00 pm in First Presbyterian Church downtown Seattle or Wednesday, February

25 at 8:00 pm in Lagerquist Concert Hall on the campus of Pacific Lutheran University. From the music of J. S. Bach to familiar hymn arrangements, folk songs and Spirituals, the choir will amaze you with their technical mastery, their incredible sound, and their passionate and inspirational singing. Call 1-800-838-3006 or visit ConcordiaTickets.com for tickets.

FEBRUARY 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 A'cappella Choir Rehearsal - 9:00 AM Education - 9:00 AM Worship - 10:15 AM Community Dinner Prep - 4:00-11:00PM	2 Ruth/Miriam Circle @ Church Office Girl Scouts - 7pm	3 Education Comm. 7:00 PM Community Dinner Prep - 6:00-11:00PM	4 Mtlk. Terr. Sr's. Lunch - Noon Community Dinner 5:30 PM Taizé Svc. - 6:30 PM Al-Anon Meeting 7:00-8:00 PM Choir Rehearsal 7:30 PM	5 Brownies 7:00 PM Jammer's 7:15 PM	6 Mtlk. Terr. Sr's. Lunch - Noon AA Meeting 6:00-9:00 PM	7
8 A'cappella Choir Rehearsal - 9:00 AM Education - 9:00 AM Worship - 10:15 AM Community Dinner Prep - 4:00-11:00PM	9 Sue's Bible Study 2:00 PM	10 Community Dinner Prep - 6:00-11:00PM	11 Mtlk. Terr. Sr's. Lunch - Noon Community Dinner 5:30 PM Taizé Svc. - 6:30 PM Al-Anon Meeting 7:00-8:00 PM Choir Rehearsal 7:30 PM	12 Brownies 7:00 PM Jammer's 7:15 PM	13 Mtlk. Terr. Sr's. Lunch - Noon AA Meeting 6:00-9:00 PM	14 Hospitality Comm. 1:00 PM
15 A'cappella Choir Rehearsal - 9:00 AM Education - 9:00 AM Worship - 10:15 AM Community Dinner Prep - 4:00-11:00PM	16 Community Dinner 5:30 PM	17 NEWSLETTER DEADLINE	18 Mtlk. Terr. Sr's. Lunch - Noon Taizé Svc. - 6:30 PM Al-Anon Meeting 7:00-8:00 PM Choir Rehearsal 7:30 PM	19 Brownies 7:00 PM Jammer's 7:15 PM	20 Mtlk. Terr. Sr's. Lunch - Noon AA Meeting 6:00 PM	21 Men's Fellowship 8:00-10:00 AM Family Dinner and a Movie Night 5:30 PM
22 A'cappella Choir Rehearsal - 9:00 AM Education - 9:00 AM Worship - 10:15 AM Community Dinner Prep - 4:00-11:00PM	23 Sue's Bible Study 2:00 PM Community Dinner 5:30 PM	24 Shrove Tuesday Dinner 6:00 PM	25 Mtlk. Terr. Sr's. Lunch - Noon Al-Anon Meeting 7:00-8:00 PM Ash Wednesday Service 7:00 PM Choir Rehearsal 7:30 PM	26 Brownies 7:00 PM Jammer's 7:15 PM	27 Mtlk. Terr. Sr's. Lunch - Noon AA Meeting 6:00-9:00 PM	28

DATE		COMMUNION ORGANIZER	LAY READER	READINGS
Feb. 1	Fourth Sunday After Epiphany	Dorothy Wilson	Mickey Schwald	Deuteronomy 18:15–20 Psalm 111 1 Corinthians 8:1–13 Mark 1:21–28
Feb. 8	Fifth Sunday After Epiphany	Dorothy Wilson	Mickey Schwald	Isaiah 40:21–31 Psalm 147:1–11, 20c 1 Corinthians 9:16–23 Mark 1:29–39
Feb. 15	Sixth Sunday After Epiphany	Dorothy Wilson	Mickey Schwald	2 Kings 5:1–14 Psalm 30 1 Corinthians 9:24–27 Mark 1:40–45
Feb. 22	Transfiguration Of Our Lord	Dorothy Wilson	Mickey Schwald	2 Kings 2:1–12 Psalm 50:1–6 2 Corinthians 4:3–6 Mark 9:2–9

FEBRUARY

- | | |
|--------------------------------------|-------------------------------------|
| 1 - Erik Olson | 9 - Tangikina Tonga |
| 2 - Dick Anstice | 15 - Hilary Anstice
Nikki Rhoten |
| 3 - Bill Rasmussen | 16 - Jeanne Krahn |
| 7 - Sam Harpst
Ron Olson | 23 - Derek Kosko |
| 8 - Teresa Bueing
Betty Teichgrab | 27 - Melissa Anstice |



Thoughts For The Month

Are you familiar with that old adage that goes something like “Don’t wish for something, it might come true!”? Right! We now have reincarnation akin to Cirque De Soleil acrobats, a cryptographer, a secret service agent snooping everywhere, or a known “cat whisperer”, etc. I wanted a cat again after “Stormin’ Norman’s” disappearance. You know one of those quiet, intelligent indoor-outdoor cats that would curl up on your lap, quietly purring until going to sleep, instead of one insisting upon chewing the newspaper as you’re trying to read it. My wishing bought “Doofus” from animal control. We have a neutered cat with all of the above attributes plus good markings, very affectionate, playful, high standard of personal grooming, not particularly a fighter as he’ll sit on the porch steps and watch the raccoon scrounge for food, etc., etc. Well, for a \$25.00 wish, what did I expect? The “rambling wreck from Georgia Tech”? He does receive the “oohs and ahs” and laughter.

What’s happened to January? Our Twelfth Night really lingered – rain and snow and family complications. I rather enjoyed all the lights and decorations first reflecting on the snow or sending happy beams during the gray rainy days – some of the new neighbors probably just attribute it all to old, white haired 80+ years people.

Have you ever thought about benefits of aging when you can get by with a lot of things attributed to senility? Doesn’t bother me a bit, just ask our kids. But now it’s February – our family’s month of St. Valentine’s Day, Super Bowl Sunday and birthdays – importance of which depends on whom you’re talking with. St. Valentine’s legend is about a priest in Rome, around year 260 A.D. The Roman emperor forbade his soldiers to marry, believing single men made better fighters! In the name of love and defiance of the emperor’s edict, St. Valentine secretly married couples. Few generations later, around 1415, a Frenchman, the Duke of Orléans, captured in battle and put in an English prison, composed rhymed love letters to his wife on Valentine’s Day. In England during the 1700’s, women wrote men’s names on little bits of paper, encased the papers in pieces of clay, and dropped all the clay pieces into the water. The first to rise to the top, according to the legend, was the name of the women’s true love. Clay will float?? Some unmarried women in the 1700’s pinned five bay leaves to their pillows on February 13th. That night they supposedly dreamt of their future husbands. Any correlation to the saying “man of my dreams”? The oldest American valentine was a hand made card, handwritten verse in German, from the 1700’s. Romantic valentines of the 1830’s featured brokenhearted lovers, love that was not returned. The first country-western? About 4 billion lbs. of candy are purchased by Americans each year, about

by Jeanne Krahn

19 lbs. per person. Dark chocolate anyone?

Always good news first, bad news now. Valentine’s Day – a chance to spread love through flowers; but, the floral industry cultivates the destruction of lives and lands everywhere by consuming more deadly chemicals than any other segment of agriculture. Americans love flowers. We buy 100 million roses in February alone, and poorer countries are trying to meet our demands. Over 60% of our cut flowers sold here are imported, most from Latin American countries where crops are routinely sprayed with acutely dangerous poisons, neurotoxins and carcinogens, often up to 650 gallons of toxic gallons per week. Not only does the runoff contaminate land, air and groundwater, but it’s also poisoning floral workers. Pesticide use is not mandated by U.S. import law, but bug-free flowers are. To make sure their flowers get through inspection, bare-armed, mask-free workers dip flowers in vats of pesticides that are so far off the toxic chart that they have even been banned in America. In Holland, flower capital of the world, air and water have been heavily contaminated. Same ugly mess here where flowers are a very chemical intensive crop and more than 4 trillion cut flowers sold in the U.S. last year were genetically engineered. No, I don’t know how. More and more U.S. farmers are proving that it’s very possible to grow flowers organically. Why aren’t they at florists and grocery stores? Because we haven’t been asking for them. What the sellers in the farmer’s markets are doing, I don’t know but intend to do some asking this coming season. Grow my own, would that I could amount to anything. We sure have some “green thumbs” in our congregation, don’t we, with Theresa, Maxine, Mimi, Roy Johnson, for starts.

Interesting legend of Christmas season when a little girl followed the shepherds to Bethlehem. Everyone had gifts but she was very sad having nothing to offer. As she lingered behind, an angel appeared scattering beautiful white roses along the way. Happily the little girl picked them up, ran to the manger and laid them at the feet of the Christ Child. They were the very first Christmas roses (pesticide free).

God says we belong to each other – family in the broadest sense. That’s what our baptism tells us. Cozy up and re-acquaint yourself with family and friends on Valentine’s Day. Write a different note each day to someone you care about. Take time to notice and appreciate in writing (no e-mail) the unique qualities of your family and friends. Truly a pen can be a magic wand! A world of difference separates a phone call from a letter. Try it! They’ll like it!



Recipes for the Month

Coconut Crunch

¾ cup butter
3 cups brown sugar, packed
1 2/3 cup flour
3 eggs, unbeaten
1 Tablespoon baking powder
1-teaspoon salt
1 ½ teaspoons vanilla
1-cup coconut
1 cup chopped pecans

Set oven at 350 degrees F. Grease a 9" x 12" baking pan. Melt butter; stir in sugar. Add all other ingredients. Bake 45 minutes or until done. Cool completely and cut into squares.

Mrs. Frank G. Turpin
Baton Rouge, LA via Dena Lee

Orange Dreamsicle Cake

1 (18.25 oz.) package orange cake mix
1 (3 oz.) package orange flavored gelatin
1 cup boiling water
1 (3.4 oz.) package vanilla instant pudding mix
1 cup milk
1 teaspoon vanilla extract
1 teaspoon orange extract
1 (8 oz.) container frozen whipped topping, thawed

Prepare and bake cake mix according to package directions for 9 by 13 inch pan. When done, while still hot, poke holes in cake, using round handle of a wooden spoon. Make gelatin with only 1 cup boiling water, and pour over while hot. Cool completely.

Make vanilla pudding using only 1 cup milk. Stir in vanilla and orange extracts. Fold in whipped topping, Spread evenly over cake. Refrigerate for one hour before serving

Doris Porter

**Bethesda
Lutheran Church**

23406 56th Ave. W
Mountlake Terrace, WA 98043

Phone: 425-778-6390

Pastor: Malcolm Brown
Sno-King Cluster Intern: Coe Hutchison
Church of the Beloved: Ryan Marsh—Deployed

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