



**B e t h e s d a
Lutheran Church**

Bethesda Outlook

August, 2008

Thoughts From Pastor Malcolm

As we wrestle with the questions: **“Who is God calling us to be”** (in this time and place) or “Who are we and what is our **purpose** in Mountlake Terrace in the year 2008?” and **“What is God calling us to do?”** (in this time and place) or What are our **goals** to live out our **purpose** in Mountlake Terrace in August of 2008?

To answer these questions all of us, the congregation, council and each of us will daily need to be in a practice of paying attention to how God is speaking to each of us and collectively each day. Deciding to listen is one step, but the next step is reflecting on what you may have heard and how you have interacted with God’s people. Below is a series of questions I was given as part of an inspirational evening worship service led by Pr Jim Christiansen at First Call Theological Education this past June. I found it to be a great way to pray and reflect on the day as it ended and I invite you to do the same!

- *Have I been blind or deaf to the blessings of this day?*
- *Is there anyone, including myself, whom I need to forgive?*
- *Have I worked with joy or drudgery?*
- *Have I waited with grace or impatience?*
- *What is the one thing in my life that is standing on tip-toe crying, “May I have your attention please?”*
- *When did I experience my heart opening wide today?*
- *For what moment or moments this day am I most thankful?*

A Night Prayer

Let your comforting darkness embrace us this night. The beautiful prayer of this day is complete. This day’s pilgrimage is ending, and we hold dear the lessons of the day. Night has fallen. Breathe us into the good night. Calm our hearts. Comfort our souls. Protect us from danger. Full us with well-being. Anoint us with our loving protection. Receive our prayer. Amen.

If you would like more information about the seven prayers times of the day see, “Seven Sacred Pauses; Living Mindfully Through The Hours Of The Day” by Marcina Weiderkehr.

I invite and encourage you to print out this series of questions and use them in the month ahead as you pray to close the day.

Pastor Malcolm

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- *Have I been a good memory in anyone’s life today?*
- *Have the ears of my heart opened to the voice of God?*
- *Have the ears of my heart opened to the needs of my sisters and brothers?*
- *Have the eyes of my heart beheld the Divine face in all created things?*
- *What do I know, but live as though I do not know?*
- *Have I been a good student of the hours today?*
- *How have I affected the quality of this day?*

Family Movie Night ~ August 30th



Come to Bethesda for a family night out at the movies. **Saturday, August 30th**, at 6:00pm. We will gather to watch ***Monster's Inc.*** A simple dinner will be served at 5:00 with the movie beginning by 6:00.

The movie is about James P. Sullivan and his best friend Mike Wazowski who work together at Monsters, Incorporated, a mega-company that delivers energy to Monstropolis, the place where they live. Mike and James are the best at what they do: scaring human children so they can provide them enough screams to produce energy. But just when everything looked perfect, something happens and James releases someone who threatens to destroy not just the company but the whole Monstropolis itself! Will Mike and James be able to save the city by stopping the menace and put it back where it belongs? Or will Monsters, Incorporated come to an end and the days of scaring children be over?

This will be my last night. I have truly enjoyed putting on Family Movie Night this summer. Please see me if you would be willing to pick this up this ministry as I leave.

Pastor Diana

A Message From Our Council President

Greetings & Blessings to all of my Bethesda Family!

This will be brief, but I did want to address a couple of issues. One is, the problems with our roof has been solved! Most thankful for those who pulled it together to happen! We will be moving forward in the upgrade to the kitchen. The Bethesda Community Services Committee is moving forward, and your offerings to this service are so appreciated!

By the time you read this newsletter, we will have come through our HUGE efforts to be part of the Tour De Terrace celebration. I cannot tell you how many people have worked so hard to have pulled it all together! God is so good!

All of the work that goes on here at Bethesda is wonderful, both for our immediate needs and also for our greater community. It can be a challenge at times, but with God's grace and calling, it can be done. And then we can look back and see the witness to His plans for our ministry. That is what we are all about. I thank you all for your support, whether it be right on the firing line, or the continued needed prayers as we move forward. We all have our different gifts from the Lord and for the Lord! Praise Him! Praise Him!

Sharon Boyd

Parenting your teenager

Identity questions. Emotional turmoil. Rebellion. Welcome to the teenager's world. And if you're their parent, grandparent, or teacher, you're already in that mix. It's a tough job, you know, and you've got to do it. Nowadays, you have to play counselor, cop, and crisis manager all rolled into one. Good parenting means using

your head, your heart, and your faith.

Parenting Your Teenager equips moms and dads, grandparents, and teachers to recognize common patterns, plan effective strategies, and build character. The six lessons feature relationship experts Les and Leslie Parrott. And, in 24 gut-level interviews, parents and teens talk openly about rebellion, conflict, pain, and identity.

The class begins on Wednesday, July 23, at 7:00 p.m. Pastor Rich will serve as facilitator. Please invite your friends and family to this important educational experience.

SHARE! Your Hearts And Homes With German Lutheran Teens

Volunteer Lutheran host families are needed to host young Lutherans from Germany who are arriving in August to attend your local high schools for the semester or school year. Families provide a bed, meals, and a caring environment. Students speak English and arrive with medical insurance, spending money, and a genuine desire to learn about your community, family, faith and country. For more information and to view student applications online, visit our website, www.erdshare.org, or contact the SHARE! High School Exchange Program at info@erdshare.org, or 1-800-321-3738.



2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<u>Bullpen Barbecue and Baseball Game</u> 38th & Broadway, Everett <u>Thursday, August 7th</u>					1	2
3	4	5	6	7	8	9
a cappella choir rehearsal - 9:00 AM Worship - 10:15 AM	Ruth/Miriam Circle	Education Comm. 7:00 PM Rebecca Circle	Mtlk. Terr. Sr's. Lunch - Noon Community Dinner 6:00-7:00 PM Al-Anon Meeting	Hospitality Comm. 10:00 AM Brownies 7:00 PM Jammer's 7:15 PM	Mtlk. Terr. Sr's. Lunch - Noon Prayer Group 3:30 PM AA Meeting 6:00-9:00 PM WAM Comm.	
10	11	12	13	14	15	16
a cappella choir rehearsal - 9:00 AM Worship - 10:15 AM	Sue's Bible Study 2:00 PM	Outreach Comm. 7:00 PM	Esther Circle Mtlk. Terr. Sr's. Lunch - Noon Community Dinner 6:00-7:00 PM Al-Anon Meeting 7:00-8:00 PM	Brownies 7:00 PM Jammer's 7:15 PM	Mtlk. Terr. Sr's. Lunch - Noon Prayer Group 3:30 PM AA Meeting 6:00-9:00 PM COUNCIL - 7:00 pm	Men's Fellowship 8:00-10:00 AM
17	18	19	20	21	22	23
a cappella choir rehearsal - 9:00 AM Worship - 10:15 AM ICE CREAM SOCIAL following worship service		NEWSLETTER DEADLINE	Mtlk. Terr. Sr's. Lunch - Noon Community Dinner 6:00-7:00 PM Al-Anon Meeting 7:00-8:00 PM	Brownies 7:00 PM Jammer's 7:15 PM	Mtlk. Terr. Sr's. Lunch - Noon Prayer Group 3:30 PM AA Meeting 6:00-9:00 PM	Mtlk. Terr. Sr's. Grp. B.B.Q. and Bake Sale Noon-2pm
24	25	26	27	28	29	30
a cappella choir rehearsal - 9:00 AM Worship - 10:15 AM	Sue's Bible Study 2:00 PM Girl Scouts 7:00 PM		Mtlk. Terr. Sr's. Lunch - Noon Community Dinner 6:00-7:00 PM Al-Anon Meeting 7:00-8:00 PM	Brownies 7:00 PM Jammer's 7:15 PM	Mtlk. Terr. Sr's. Lunch - Noon Prayer Group 3:30 PM AA Meeting 6:00-9:00 PM	
31	<u>Family Movie Night</u> Saturday, August 30th					
a cappella choir rehearsal - 9:00 AM Worship - 10:15 AM						

DATE		COMMUNION ORGANIZER	FLOWERS	READINGS
Aug. 3	Twelfth Sunday After Pentecost	Judy Rasmussen	Stan & Jeanne Krahn	Isaiah 55:1-5 Psalm 145:8-9, 14-21 Romans 9:1-5 Matthew 14:13-21
Aug. 10	Thirteenth Sunday After Pentecost	Glenn & Ruby Engelstad		1 Kings 19:9-18 Psalm 85:8-13 Romans 10:5-15 Matthew 14:22-33
Aug. 17	Fourteenth Sunday After Pentecost	Glenn & Ruby Engelstad	Ron & Pat Olson	Isaiah 56:1, 6-8 Psalm 67 Romans 11:1-2a, 29-32 Matthew 15:[10-20] 21-28
Aug. 24	Fifteenth Sunday After Pentecost	Judy Rasmussen	Dena Lee-Cumming	Isaiah 51:1-6 Psalm 138 Romans 12:1-8 Matthew 16:13-20
Aug. 31	Sixteenth Sunday After Pentecost	Mimi Seale		Jeremiah 15:15-21 Psalm 26:1-8 Romans 12:9-21 Matthew 16:21-28



Birthdays

AUGUST

4 - Albert Veveris
6 - Brandy Elliott
11 - Christina Bader
13 - Kenny Pearson

18 - Luke Klingensmith
23 - Mickey Schwald
24 - Darrell Lee
29 - Jerry Rhoten
Dorothy Wilson
30 - Stan Krahn

**Bethesda
Lutheran Church**

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bethesdalcm.com

Upcoming Events



AUGUST 17TH
FOLLOWING SUNDAY
WORSHIP SERVICE



SEPTEMBER 7TH

This will be Pastor
Diana's last day at
Bethesda Please plan
to join us for a special
worship service
followed by a B.B.Q.
potluck lunch.