



**B e t h e s d a
Lutheran Church**

Bethesda Outlook

June, 2008

From our Sno-King Cluster Intern

IT'S FINALLY HERE!! All papers and presentations have been completed. On **Sunday June 15th at 3:00pm** I will graduate from The School of Theology and Ministry at Seattle University with a Masters of Divinity. Commencement will be held at Quest Field (Seahawk's Stadium). All are welcome to attend; no ticket is required for entrance. I want to thank everyone for your support and prayers as Chris and I journey on this road to ordination.

I would like to thank everyone who attended the Brown Bag Bible Study classes though out the past eight months. I have truly enjoyed getting to know each of you, and I pray that you will continue reading scripture together and growing in your faith in God. I would especially like to thank Bethesda Lutheran Church, Edmonds Lutheran Church, First Lutheran of Richmond Beach, Bethel Lutheran Church, Northlake Lutheran Church, and Gloria Dei Lutheran Church for allowing us the use of their facilities.

Pastor Diana

Pastor Diana

Inside this issue:

Men's Fellowship	2
Special Events	2
Prayer Group	2
June Calendar	3
June Schedule & Birthdays	4
Arts Festival Vacation Bible School	5
Recipe "Blue Cheese Wafers"	5
Thoughts For The Month	6

2008-2009 COUNCIL

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- Jeff Thedens (Vice President)**
- Dena Lee-Cumming (Secretary)**
- Sue Rasmussen (Treasurer)**

- | | |
|----------------------|-------------------------|
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We want to thank past council president, **Ron Olson**, for a fine job of leading us this past year. We are sorry to see **Maxine Helms, Jay Teichgrab** and **Brandy Elliot** leave. Please know that you have done a wonderful job representing our congregation! CONGREGATION! Please note these names and changes! We, the council, are here to serve YOU! If you have any questions or concerns, please contact any one of us.

Men's Fellowship

The Men's Fellowship Invites the Congregation to a breakfast feast on Saturday, June 21st at 8:00am.

A goodwill donation to the Men's ministry will be used to help support our ongoing charitable activities.

Our special guest speaker will be a local entrepreneur Howard Bono. Howard is the owner of Old West Mortgage in Everett and author of the book, *The Money Thing Made Easy, A Why-Didn't-I-Know-This-Sooner guide for singles, couples and families.*

After seeing thousands of people's finances in his mortgage practice he uncovered the need for some simple,

easy to apply advice on money. His goal is to create 1,000 millionaires and he does it by educating people on how the wealthy handle their money and how you should handle yours. He has been teaching classes for seven years and shares his message with his clients, local schools, businesses and now with our men's group. We hope you will come to learn the secrets of how a local boy became a financial success and how you can too.

Jeff Thedens

Dance Concert

Dena invites you to attend her intergenerational dance extravaganza, **"Boundaries"** Thursday, **June 19th, 7 pm.** "The Chapel" at the Good Shepherd's Center, 4649 Sunnyside Ave. N., 4th Floor, Seattle. Seating is limited.

Call Dena for a reservation: 206-368-9446. Goodwill donation. We will have an open rehearsal on Wednesday, June 18th, at 7 pm.

Dena Lee-Cumming

Special Events

Art Opening! June 26th

Bill Cumming, Dena's husband, will have an opening June 16th, 5-7 pm.

Woodside/Braseth Gallery,
2101 9th Ave. at Lenora in
downtown Seattle.

All are welcome.



FAMILY MOVIE NIGHT

Come to Bethesda for a family night out at the movies. Saturday June 28th at 6:00 we will gather to watch the original Willie Wonka and the Chocolate Factory. We will be serving a simple dinner at 5:00 with the movie beginning by 6:00.

The movie is about a poor boy, Charlie Bucket, who is fortunate to win one of the 5 golden tickets to go inside the most popular and powerful chocolate factory in the world: The Willy Wonka Chocolate Factory.

Prayer Group Event

Mark your calendars, and plan to join us!

Prayer Group is sponsoring our first "Quarterly Event" on June 14 at 7:00 p.m. Young and old alike are invited to join us for The Twelve Stations of Prayer followed by communion in the Fellowship Hall.

We will have "stations" around the room; each devoted to a different Disciple, and suggested prayer activities as we remember them.

If you have not experienced this powerful form of devotion, you will be inspired, comforted and blessed by prayer in this setting. We would love to see you there!

"Let my prayers rise up like incense before you. The Lifting up of my hands as a offering to you."

Sue Rasmussen

The **Mother's Day Concert**, May 10, 2008, was very well attended. We thank the musicians, Outreach Committee and Hospitality Committee for all their efforts. We received \$634.00 and \$200.00 of that will be matched by Thrivent Financial for the Alzheimer's Association. The Hospitality Committee provided the treats, setup and cleanup.

Your Thrivent Coordinators,
Joan Minnis, Jeanette Anstice and
Donna Veveris



2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 a cappella choir rehearsal - 9:00 AM Education - 9:00 AM Worship - 10:15 AM	2 Ruth/Miriam Circle Brown Bag Study Group - 10:00 AM Girl Scouts 7:00 PM	3 Education Comm. 7:00 PM Rebecca Circle	4 Mtlk. Terr. Sr's. Lunch - Noon Choir Rehearsal 7:30 PM AI-Anon Meeting 7:00-8:00 PM	5 Hospitality Comm. 10:00 AM Brownies 7:00 PM Jammer's 7:15 PM	6 Mtlk. Terr. Sr's. Lunch - Noon Prayer Group 3:30 PM AA Meeting 6:00-9:00 PM WAM Comm.	7
8 a cappella choir rehearsal - 9:00 AM Education - 9:00 AM Worship - 10:15 AM	9 Brown Bag Study Group - 10:00 AM Sue's Bible Study 2:00 PM	10 Outreach Comm. 7:00 PM	11 Esther Circle Mtlk. Terr. Sr's. Lunch - Noon Choir Rehearsal 7:30 PM AI-Anon Meeting 7:00-8:00 PM	12 Brownies 7:00 PM Jammer's 7:15 PM	13 Mtlk. Terr. Sr's. Lunch - Noon Prayer Group 3:30 PM AA Meeting 6:00-9:00 PM	14 CAR WASH AT ROGER'S MKT. BOOK CLUB 11:00 AM STATIONS OF PRAYER ~ 7:00PM
15 a cappella choir rehearsal - 9:00 AM Worship - 10:15 AM HOT DOG B.B.Q. 11:30 AM PIANO RECITAL 4:00 PM	16 Brown Bag Study Group - 10:00 AM	17 NEWSLETTER DEADLINE	18 Mtlk. Terr. Sr's. Lunch - Noon Choir Rehearsal 7:30 PM AI-Anon Meeting 7:00-8:00 PM	19 Brownies 7:00 PM Jammer's 7:15 PM	20 Mtlk. Terr. Sr's. Lunch - Noon Prayer Group 3:30 PM AA Meeting 6:00-9:00 PM COUNCIL - 7:00 pm	21 Men's Fellowship 8:00-10:00 AM
22 a cappella choir rehearsal - 9:00 AM Worship - 10:15 AM	23 Brown Bag Study Group - 10:00 AM Sue's Bible Study 2:00 PM	24	25 Mtlk. Terr. Sr's. Lunch - Noon Choir Rehearsal 7:30 PM AI-Anon Meeting 7:00-8:00 PM	26 Brownies 7:00 PM Jammer's 7:15 PM	27 Mtlk. Terr. Sr's. Lunch - Noon Prayer Group 3:30 PM AA Meeting 6:00-9:00 PM	28 FAMILY MOVIE NIGHT 6:00pm-dinner 7:00pm—movie
29 a cappella choir rehearsal - 9:00 AM Worship - 10:15 AM	30 Brown Bag Study Group - 10:00 AM					

		COMMUNION		
June 1	Third Sunday After Pentecost	Judy Rasmussen		Deuteronomy 11:18–21, 26–28 Psalm 31:1–5, 19–24 Romans 1:16–17; 3:22b–28 [29–31] Matthew 7:21–29
June 8	Fourth Sunday After Pentecost	Judy Rasmussen	Maxine Helms	Hosea 5:15–6:6 Psalm 50:7–15 Romans 4:13–25 Matthew 9:9–13, 18–26
June 15	Fifth Sunday After Pentecost	Judy Rasmussen	Dena Lee-Cumming	Exodus 19:2–8a Psalm 100 Romans 5:1–8 Matthew 9:35–10:8 [10:9–23]
June 22	Sixth Sunday After Pentecost	Judy Rasmussen	Derald Porter & Merry Wick	Jeremiah 20:7–13 Psalm 69:7–10[11–15] 16–18 Romans 6:1b–11 Matthew 10:24–39
June 29	Seventh Sunday After Pentecost	Judy Rasmussen		Jeremiah 28:5–9 Psalm 89:1–4, 15–18 Romans 6:12–23 Matthew 10:40–42

JUNE



Birthdays

5 - Jessica Rhoten	13 - Mark Kehres	22 - Anna Molitor
6 - Matthew Boehm Shane Klingensmith	14 - Cole Anstice	24 - Thea Henderson
8 - Mary Massey	20 - Jean Leavens	28 - Dorthy Johannes
12 - Marlene Helms	21 - Mike Klingensmith	30 - Jeff Molitor



- Is your rubber band ball getting bigger and bigger? The bigger the better! What will the prize be, you wonder....
- We are now accepting children's used books, cd's, video's, dvd's games and toys for our **BIG USED BOOK SALE!**
- Please donate your used books, cd's, video's and dvd's for all the "BIG KIDS" who will be attending our festival.

- Watch for more information about "*Recycle Mountlake Terrace*" *Festival* over the next 8 weeks.

- June 7th, 10 -2 pm, we will have a signage making party. Able-bodied folks are requested! Talk to Joy or Dena for more details.

REMEMBER! God is the most creative being of all and he made US in his image. He KNOWS that you, too, are creative. Let Him guide you as you visual your recycled art project. Visit our website to download your recycled art and fashion show entries (bethesdalcm.com). Don't have a computer? We will gladly download guidelines and forms for you.

Vacation Bible School



JULY 14 - 18

Our Vacation Bible School theme this year is called POWER LAB. We will learn about Jesus' Power and Love, sing fun songs, do great crafts and fun science activities.

But we still need help, we need more ADULTS to help in a few key areas - even if you can't be there the whole week, we can use you.

Bethesda is in charge of supplying the leader(s) for the Preschool. We are also in need of people willing to help with Outdoor Games and as Group Leaders.

If you can help, please contact Michael Hoffman at 425-678-8482.

Recipe of the Month: Blue Cheese Wafers

Many of you asked for this blue cheese wafer recipe we served at our Mother's Day Concert. I am happy to share! ~

Dena

Makes about 24 wafers.

- 1-cup blue cheese crumbles
- 2 cups sifted flour
- 2 T plain yogurt
- 8 T butter, softened
- 1/3 cup finely chopped pimentos
- 4 teaspoons finely cut chives

In a mixing bowl, combine flour, cheese, yogurt and butter to make firm dough. Knead it well with floured hands; then spread the dough out on a floured surface, patting it into a rectangle about 8" x 12". Sprinkle on pimentos and chives. Roll into a log, thinning the log out as you go, so that the log is about 2 " in diameter. Cut into thirds. Wrap in wax paper and chill for several hours or over night.

Preheat oven to 425 degrees F. Slice the blue cheese log into ¼ " rounds. Place on an ungreased baking sheet and bake for about 15 minutes or until golden.

Immediately, transfer rounds to a cooling rack. When completely cool, these wafers may be stored in an airtight container for 1 week or frozen for future giving.

Thoughts For The Month

by Jeanne Krahn

Author Flavia writes *"June we could give to summer ... so days would be longer at the circus and we could laugh and play hopscotch and listen to sidewalk music from a one man band."* Sounds idyllic, doesn't it? But the video of life doesn't have a rewind button back to those blue sky, hot days of late and I'm having a severe case of AAADD! You know that age-activated attention deficit disorder—ever get to you? Who can focus on what or where with all of the overwhelming tragedies of late? How to start will help? So very much! At times I feel like Ezekiel when God commanded him to prophesy to dry bones. I wonder how often pastors feel as if they are preaching to dry bones! Yet they continue to preach. Or our Sunday school teachers with a class of giggly, squirming children despairing of getting their attention. They continue to teach as if they know ultimately it will bear fruit. Too often, the thought occurs to me, "what kind of footprints am I leaving for others to follow?" Conclusion: like Ezekiel, we must constantly remind ourselves to live and act as if we have faith, even when faithful living seems hopeless. Live faithfully anyway, growing stronger!

Prepare for my rambling now—some "bon mots" so shake your thoughts like "don't louse up my world with your toxins." Nationwide, nearly 20% (average) of our children are living in poverty. Some states fare better than others, but all failing grades, none of these are acceptable. Washington D.C., our nation's capitol, 32.2%; Louisiana, 28.4%; Georgia, 20.2%; Oklahoma, 23.0%; but imagine Oregon, 18.4%; and even our own Washington, 15.1%, etc. And as long as one person remains in poverty, we must continue working together to find solutions!

Then there's the war! Sadly, we don't know the number of Iraqis, Afghans or Pakistanians killed. Estimates in Iraq alone are 600,000 to 1,000,000. Over 4,080 Americans have died—for what? We're spending some \$720 million a day! 720 million could provide health insurance for 163,000 people. \$720 million could build 84 new elementary schools. \$720 million could admit 95,000 more kids to Head Start programs. \$720 million could put renewable energy into 1.2 million homes. \$720 million could purchase mountains of food. We could accomplish all of this with the money our nation is spending in just 4 days on the Iraq war. Bob McCurdie, sometime between 1951 and 1955, wrote *"Last Night I Had The Strangest Dream"* and it keeps popping up for Stan and I—sing it with us -

*"Last night I had the strangest dream I ever had before.
I dreamed the work had agreed to put an end to war.
I dreamed I saw a mighty room and it was filled with men
And the paper they were signing then they'd never fight again!
And when the paper was all signed and a million copies made,
They all joined hands and bowed their heads and grateful prayers were said.
And the people in the streets below were dancing round and round*

*And guns and swords and uniforms were scattered on the ground.
Last night I had the strangest dream I ever had before.
I dreamed the world had all agreed to put an end to war."*

Yep! Anita Roddick, founder of *The Body Shop* and author of *"A Revolution in Kindness"* says "I don't want ever to say I want to change the world. I just want to be able to see if everything I can do can change one person's life, make it easier. Then you can bloody go to the grave thinking, 'I did the best I could'." A kind act, try it, you'll like it. Who are we, now as a global civilization? Now, more than ever, whether we will be able to "survive our time" will depend on our ability to work together.

No, I didn't forget "Rachel's Day", blue ribbons in May to remind us of Jeremiah 31:15—her weeping for the children and family. Thought you probably have enough blue ribbons for awhile. Instead we sent my ribbon and pin money to FINCA. What's FINCA? Supports the economic self-sufficiency of the world's poor, particularly women through the development of Village Banking groups. Small loans, not a hand-out but a hand-up that directly impacts the lives of impoverished families—similar to Heifer International.

OK, another think—why does aspirin come with a child proof cap and bullets come in a cardboard box? Whoosh! 'Nuf of that stuff. Time for love and hugs for Dad. As Bill Cosby said, *"If the new American father feels bewildered and even defeated, let him take comfort from the fact that whatever he does in any fathering situation has a 50% chance of being right."*

Hanger of screens, councilor of teens, fixer of bikes, chastiser of tykes. Help him, O Lord. Raker of leaves, cleaner of eaves, dryer of dishes, fulfiller of wishes. Bless him, O Lord. Mender of toys, leader of boys, changer of fuses, kisser of bruises. Bless him, dear Lord. Mover of couches, soother of ouches, pounder of nails, teller of tales. Reward him, O Lord. *Anon.*

Happy Father's Day for our Stanley!



**Bethesda
Lutheran Church**

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Pastor: Malcolm Brown
Sno-King Cluster Intern: Diana Bottin
Church of the Beloved: Ryan Marsh—Deployed

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ROY JOHNSON
HONORED FOR HIS SERVICE AT BETHESDA
APRIL 19TH
